


FEBRUARY 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p style="text-align: center;">Sightseeing to Chinatown</p>  <p style="text-align: center;">February 29, 2020 (Saturday) \$38/per person; need to prepay Please RSVP, Space is Limited</p>		 <p style="text-align: center;">Residents Council Meeting Help Make A Difference... * All Are Invited * February 7 @ 1:00pm Castle Living Room</p>	 <p style="text-align: center;">Happy Valentine's Day</p>		<p style="text-align: center;">BEN'S OASIS (Afternoon Hydration Program)</p>  <p>Mondays: Ice Cream Tuesdays: Coffee Wednesdays: Juices Thursdays: "Smoothies" Fridays: "Cocktails" Saturdays: Fruit Drinks Sundays: Iced Tea & Cookies</p>	<p>1)</p> <p>10:00 Gaylord Rieta & Friends 10:00 Range of Motion 11:00 Saturday Strengthening 1:30 Glitz & Glam w/ Selu 2:30 Cran-Orange Juice Bar 3:00 "Kanikapila" Music Jam Session w/ Sam & Manny 6:00 Super Volleyball w/ David</p>
<p>2)</p> <p>10:00 Cooking w/ Heaven 10:00 Healing Touch 1 pm Super Bowl Sunday Tailgate Party-Plumeria DR 2:30 Afternoon Tea Party 3:00 Movie: Crouching Tiger 3:00 Facials & Fancy Nails 6:00 Bingo Fun with Ken</p>	<p>3)</p> <p>10a Guitar Music By George Kuo Hawaii Musicians Association 11:00 Stretch & Rhythm 2:00 Reminiscing w/ Jay 2:30 Ice Cream Break 3:00 Beachball Kick & Toss 4:00 Ukulele w/ Gloria & Lynn 6:00 Evening BINGO with Ken</p>	<p>4)</p> <p>10:00 Winter Cooking w/ Sue 10:00 Table Games-2nd Floor 11a Mind Stimulation Games 2:00 Reminiscing w/ Jay 2:30 Hot/Cold Coffee Break 2:30 Pet Visit w/ Polly & Chris 3:30 Karaoke Sing-along 6:00 Japanese Toyo Theater</p>	<p>5)</p> <p>10:00 Door of Faith Christian Svc 10:00 Namaste with Gloria 11:00 Bodies In Motion 1:30 Over the Hilltop Serenaders 2:30 Ben's Oasis Station 3:00 Photo Reminiscing w/ Deb 4:00 Beachball Kick and Toss 6pm Movie: Crazy Rich Asians</p>	<p>6)</p> <p>10:00 True Life in Christ with Pastor Kimon 11:00 Hula Dancing Exercise 1:30 Hanafuda Club 2:30 Music & Memory w/ Mako 2:30 Strawberry Smoothies 4:00 Sounds & Rhythm w/ Chin 6:00 Bingo Fun with Ken</p>	<p>7)</p> <p>10:00 Kathy & Clayton 10:00 Bible Talk w/ Bro. Nathan 11:00 Physical Fitness Time 1:00 Resident Council Meeting 2:30 Chips & Cocktail Hour 2:30 Talk Story w/ Joe 4:00 Karaoke Sing-along w/ Joe 6:00 Music For Inspiration</p>	<p>8)</p> <p>10a New Hope Service Times 10:00 Sensory Stimulation Fun 11:00 Chair Aerobics 1:30 Glitz & Glam w/ Selu 2:30 Rootbeer Float Social 3:00 "Kanikapila" Music Jam Session w/ Sam & Manny 6:00 Super Volleyball w/ David</p>
<p>9)</p> <p>10:00 Christian Service w/ Pastor Abel Kim 11:00 Dancing to the Beat 1:30 Creative Beads Crafts 2:30 Afternoon Tea Party 3p Movie: American Fusion 3:00 Facials & Fancy Nails 6:00 Bingo Fun with Ken</p>	<p>10)</p> <p>10:00 Music w/ Roy Hamada (Island Hospice Volunteer) 11:00 Stretch & Rhythm 1:30 Bingo Club Fun 2:30 Ice Cream Break 3:00 Body & Brains Yoga w/ Cat 4:00 Ukulele w/ Gloria & Lynn 6:00 Evening BINGO with Ken</p>	<p>11)</p> <p>10:00 Kalihi Baptist Church 10:00 Pet Visit w/ Toby & Rose 11:00 Hawaii News Today 2:00 Reminiscing w/ Jay 2:30 Hot/Cold Coffee Break 3:00 Name That Tune! 4:00 Afternoon Workout 6:00 Japanese Toyo Theater</p>	<p>12) Lincoln's Day</p> <p>10:00 Valentine's Craft Class 10:00 Namaste with Gloria 10:00 Outdoor Games-2nd Flr. 11a Remembering Pres. Lincoln 1:30 Over the Hilltop Serenaders 2:30 Ben's Oasis Station 4:00 Indoor Tennis Game 6pm Movie: Valentine's Day</p>	<p>13)</p> <p>10:00 Super Bingo Bonanza By Caregivers Heart Hi LLC 10a Outdoor Sensory Time 11:00 Hula Dancing Exercise 2:30 Music & Memory w/ Mako 2:30 Apple/Celery Smoothies 4:00 Rhythmic Moves w/ Chin 6:00 Bingo Fun with Ken</p>	<p>14) Valentine's Day</p> <p>10:00 Valentine's Day Program 10:00 Bible Talk w/ Bro. Nathan 11:00 Valentine's Day Trivia 1:30 Circuit Exercises 2:30 Chips & Cocktail Hour 2:30 "The Word" w/ Joe 4:00 Karaoke Sing-along w/ Joe 6:00 Music For Inspiration</p>	<p>15)</p> <p>10:00 Mele Aloha Serenaders 10:00 Sensory & Namaste 11:00 Saturday Strengthening 1:30 Glitz & Glam w/ Selu 2:30 Tomato Juice Stand 3:00 "Kanikapila" Music Jam Session w/ Sam & Manny 6:00 Super Volleyball w/ David</p>
<p>16)</p> <p>10:00 Traditional Chinese Lion Dance Presentation 11:00 Dancing to the Beat 1:30 Table Board Games 2:30 Afternoon Tea Party 3:00 Movie: The Vow 3:00 Facials & Fancy Nails 6:00 Bingo Fun with Ken</p>	<p>17) President's Day</p> <p>10:00 Gordon & Sandy Duets 10:00 Outdoor Sensory Fun 11:00 Stretch & Rhythm 1:30 Bingo Club Fun 2:30 Ice Cream Break 3:00 President's Day Quiz 4:00 Ukulele w/ Gloria & Lynn 6:00 Evening BINGO with Ken</p>	<p>18)</p> <p>10a Johny Valentine Presents Hawaii Musicians Association 10:00 Table Games-2nd Floor 11:00 Stretcher-cise 2:00 Reminiscing w/ Jay 2:30 Pet Visit w/ Yuki & Chris 3:30 Scatagory Contest 6:00 Korean Drama Special</p>	<p>19)</p> <p>10:00 Trivia, Word Games & More 10:00 Sunshine Social 10:30 Darryl Loo Legacy 1:30 Over the Hilltop Serenaders 2:30 Ben's Oasis Station 3:00 Documentary: Wild Magic 4:00 Beachball Kick and Toss 6pm Movie: The Proposal</p>	<p>20)</p> <p>10:00 Hula with Kiini 10:00 Outdoor Sensory Fun 11:00 Hula Dancing w/ Kiini 1:30 Blackjack Club 2:30 Music & Memory w/ Mako 2:30 Fruit Smoothie Break 4:00 Sounds & Rhythm w/ Chin 6:00 Bingo Fun with Ken</p>	<p>21)</p> <p>10:00 Sing-along w/ Mr. Chun 10:00 Bible Talk w/ Bro. Nathan 11:00 Physical Fitness Time 1:30 Table Games 2:30 Chips & Cocktail Hour 3:00 Veteran's Club Social 4:00 Karaoke Sing-along w/ Chin 6:00 Music For Inspiration</p>	<p>22)</p> <p>10:00 Chinese Food & Kayoko 10:00 Movie Matinee (Plumeria) 11:00 Chair Aerobics 1:30 Glitz & Glam w/ Selu 2:30 Coconut Water Break 3:00 "Kanikapila" Music Jam Session w/ Sam & Manny 6:00 Super Volleyball w/ David</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
23) 10:00 Kamaka Tom & Co Musical Entertainment 10am Sensory & Namaste 11:00 Dancing to the Beat 1:30 Singing w/ Mike E. 2:30 Iced Tea Social 3p Movie: Maid In Manhattan 3:00 Facials & Fancy Nails 6:00 Bingo Fun with Ken	24) 10a Korean Traditional Dancing 10:00 Gardening Club @ Lanai 11:00 Stretch & Rhythm 1:30 Bingo Club Fun 2:30 Ice Cream Break 2:30Sensory Stimulation Games 3:00 Indoor Tennis Game 4:00 Ukulele w/ Gloria & Lynn 6:00 Evening BINGO with Ken	25) 10:00 It's Never 2 Late 10:00 Pet Visit w/ Toby & Rose 11:00 Sushi Making & More by Lani Kaneshiro & Friends 1:30 Let's Play Dominoes 2:00 Reminiscing w/ Jay 2:30 Afternoon Coffee Break 3:30 Places That I Love 6:00 Korean Drama Special	26) Ash Wednesday 9:00 Star of the Sea Catholic Ch. 10:00 Okinawan Folk Dancing 11:00 Bodies In Motion 1:30 Over the Hilltop Serenaders 2:30 Ben's Oasis Station 3:00 Touring Places with Deb 3:30 The Price is Right! 4:00 Foot Massage w/ Toshi 6p Movie: A Walk To Remember	27) 10:00 Moilili Hongwanji Buddhist Service 10a Outdoor Sensory Time 1:30 Circuit Exercises 2:30 Music & Memory w/ Mako 2:30 Carrot Smoothie Break 3:30 Getting to Know You 4:00Sounds&Rhythm w/ Chin 6:00 Bingo Fun with Ken	28) 10:00 Noriko & the Mermaid Club 10:00 Bible Talk w/ Bro. Nathan 11:00 Physical Fitness Time 1:30 Table Games 2:30 Chips & Cocktail Hour 2:30 "The Word" w/ Joe 3:30 Stretcher-cise 4:00 Karaoke Sing-along w/ Joe 6:00 Music For Inspiration	29) 10:00 Painting Class with Sam 10:00 Sunshine Table Volley 11:00 Saturday Strengthening 1:00 China Town Sightseeing 1:30 Glitz & Glam w/ Selu 2:30 Cran-Orange Juice Bar 3:00 "Kanikapila" Music Jam Session w/ Sam & Manny 6:00 Super Volleyball w/ David

Salon Services Available at Maunalani



Joyce Pasion (Hairdresser)
Please request an appointment with the Receptionist
OR Call 695-2860.



JOIN US EVERY FRIDAY at 10 am (library)

TALK STORY w/ Maunalani's Administrator Ms. Sai Chantavy

DAILY ACTIVITIES (Castle Living Room located on the 3rd floor)

8:30 am TODAY'S NEWS (Newspaper or news on TV)	1:30pm THE CLUB (Castle Living Rm)
9:00 am DAILY ANNOUNCEMENTS (menu, etc.)	2:30pm BEN'S OASIS (HYDRATION)
9:15 am GROUP EXERCISES	3:00 pm SCHEDULED ACTIVITY
10:00am SCHEDULED ACTIVITIES (Refer to calendar)	4:00 pm SCHEDULED ACTIVITY
10:00 am NAMASTE (Ethelwyn Wellness Center's 1st floor)	6:00 pm EVENING ACTIVITY

**** Library assistance provided by our Receptionist DAILY from 10-6:30 p.m.**

OUR NAMASTE CARE PROGRAM (Honoring the Spirit Within)



Our Namaste Program blends nursing care and meaningful activities to provide peaceful and relaxing experiences using sensory-based methods such as gentle massages, range of motion, healing touch, music, and aromatherapy.

***Located in our Wellness Building



Come join us

Activities are not limited to those listed in this Calendar. Individualized activities are available as well. If you need a guide for you to engage in other meaningful activities, please ask and/or contact any of our Resident Assistants or call the Community Life Dept. at 695-2860.

DAILY ACTIVITIES (by 2nd Floor Neighborhood Team)

(Note: Please ask 2nd Floor staff for assistance to the lanais)

8:00 am	Newspapers Available at the Aloha Aina
9:00 am	Coffee & Juices (at the Aloha Aina)
10:00 am	Small Group Exercises (Orchid Dining Rm)
1:30 pm	1-1 Bedside Visits (by our 2nd Floor C.N.A.s)
1:30-4:30	Small Group Activity (Orchid Room/Lanai)
2:00 pm	Ben's Oasis (at the Aloha Aina)
6:00 pm	Movie Night (at the Aloha Aina)

