




# APRIL 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	<b>1)</b> 10:00 April Surprise by Susie 10:00 Gardening Club-2nd Flr. 1:30 Bingo Club Fun 2:00 Piano Musical by Roy Island Hospice Volunteer 3:00 Zumba Gold Time 4:00 Ukulele w/ Gloria & Lynn 6:00 Evening BINGO with Ken	<b>2)</b> 10:00 Sam's Kimchee Jang 10:00 Pet Visit w/ Betsy & Latte 11:00 Physical Fitness Time 2:00 Reminiscing w/ Jay 2:30 Hot/Cold Coffee Break 2:30 Pet Visit w/ Polly by Chris 4:00 Chair Yoga with Gloria 6:00 Japanese Toyo Theater	<b>3)</b> 10:00 Door of Faith Christian Svc 10:00 Pet Visit w/ Toby 11:00 Bodies In Motion 1:30 Over the Hilltop Serenaders 2:30 Ben's Oasis Station 3:00 Afternoon Workout 4:00 Word Building Games 6pm Movie: The King & I	<b>4)</b> 10:00 True Life in Christ with Pastor Kimon 10:00 Outdoor Sensory Fun 11:00 Chair Yoga Workout 2:30 Fruit Smoothie Break 3:00 Guitar Singing w/ Sam 4:00 Sounds&Rhythm w/ Chin 6:00 Bingo Fun with Ken	<b>5)</b> 10:00 Super Bingo Bonanza By Caregivers Heart Hi LLC 11:00 Physical Fitness Fun 1:00 Resident Council Meeting 1:30 Recycling Arts w/ Jody 3:00 Pau Hana Socials 3:30 Karaoke Sing-along w/ Chin 6:00 Music For Inspiration	<b>6)</b> 10:00 Gaylord Rieta & Friends 10:00 Range of Motion 11:00 Chair Aerobics 1:30 Gentlemen's Club 2:30 Cran-Orange Juice Bar 3:00 "Kanikapila" Music Jam w/ Sam, Scot & Manny 6:00 Super Volleyball w/ David	
	<b>7)</b> 10:00 Best Friends Forever Line Dancing Presentation 11:00 Strength Exercise 1:30 Japanese Arts & Crafts 3:00 Sunday Matinee "Lillies of the Field" 3:00 Facials & Fancy Nails 6:00 Bingo Fun with Ken	<b>8)</b> 10:00 Eena's Favorite Dessert 10:00 Gardening Club-2nd Flr. 11:00 Stretch & Rhythm 1:30 Recycling Technology to Useful Bags w/ Jody 3:00 Body & Brains Yoga w/ Cat 4:00 Ukulele w/ Gloria & Lynn 6:00 Evening BINGO with Ken	<b>9)</b> 10:00 Kalihi Baptist Church Christian Church Service 10:00 Pet Visit w/ Betsy & Latte 1:30 Let's Play Dominoes 2:00 Reminiscing w/ Jay 3:00 Sketch & Paint w/ Sam 4:00 Chair Yoga with Gloria 6:00 Korean Drama Theater	<b>10)</b> 10:00 Music Relaxation w/ Shannon & Friends 10:00 Sports Club-2nd Flr. 11:00 Scatgories 1:30 Over the Hilltop Serenaders 2:30 Ben's Oasis Station 3:00 Photo Reminiscing w/ Deb 6pm Movie: Letters To Juliet	<b>11)</b> 10:00 Happy Ohana Musical Variety Show 10:00 YouTube Fun (Library) 11:00 Chair Yoga Workout 1:30 Circuit Exercises 2:30 Veggie Smoothie Break 4:00 Sounds&Rhythm w/ Chin 6:00 Bingo Fun with Ken	<b>12)</b> 10:00 Ernie Kanoa & Friends 10:00 Bible Talk w/ Bro. Nathan 11:00 Physical Fitness Fun 1:30 Hanafuda Club w/ Gloria 2:30 "The Word" w/ Joe 3:30 Pau Hana Cocktail Hour 4:00 Karaoke Sing-along w/ Joe 6:00 Music For Inspiration	<b>13)</b> 10:00 The Hawaiian in Me by Kiini Perez 11:00 Chair Aerobics 1:30 Gentlemen's Club 2:30 Rootbeer Float Social 3:00 Seventh Day Adventist Youth Outreach Program 6:00 Super Volleyball w/ David
	<b>14) Palm Sunday</b> 10:00 Mike Ebalagoza Sings Island Hospice Volunteer 11:00 Dancing to the Beat 1:30 Paper Folding Arts 2:30 Afternoon Tea Party 2:30 King's Chapel Nui Valley Outreach Ministry 6:00 Bingo Fun with Ken	<b>15)</b> 10:00 Wakayagi Folk Dancing 10:00 Garden Views & Sunshine 11:00 Stretch & Rhythm 2:00 Piano Musical by Roy Island Hospice Volunteer 3:00 Zumba Gold Time 4:00 Ukulele w/ Gloria & Lynn 6:00 Evening BINGO with Ken	<b>16)</b> 10a Dancing w/ Plumeria Girls 10:00 Pet Visit w/ Betsy & Latte 11:00 Scatgory Contest 2:00 Reminiscing w/ Jay 2:30 Hot/Cold Coffee Break 2:30 Pet Visit w/ Yuki by Chris 4:00 Guitar Singing w/ Sam 6:00 Japanese Toyo Theater	<b>17)</b> 10:00 Kaio-Perez Ohana Hula Rendition 11:00 Bodies In Motion 1:30 Over the Hilltop Serenaders 2:30 Ben's Oasis Station 3:00 Mental Stimulation Games 4:00 Indoor Volleyball Contest 6pm Movie: Ben-Hur	<b>18)</b> 10:00 Gordon & Sandy Duets 10:00 Outdoor Sensory Fun 11:00 Chair Yoga Workout 1:30 Music & Memory Time 2:30 Fruit Smoothie Break 3:00 Sketch & Color w/ Sam 4:00 Sounds&Rhythm w/ Chin 6:00 Bingo Fun with Ken	<b>19) Good Friday</b> 10:00 Island Praize Band 10:00 Bible Talk w/ Bro. Nathan 11:00 Physical Fitness Fun 1:30 Hanafuda Club w/ Gloria 3:00 Veterans Club Meeting Guest Speaker: Andrea Cline 4:00 Karaoke Sing-along w/ Joe 6:00 Music For Inspiration	<b>20)</b> 10:00 Mele Aloha Serenaders 10:00 Sensory & Namaste 11:00 Chair Aerobics 1:30 Gentlemen's Club 2:30 Coconut Water Break 3:00 "Kanikapila" Music Jam Session with Sam, Scot & Manny 6:00 Super Volleyball w/ David
	<b>21) Easter Sunday</b> 10:00 Easter Family Social (Games & Refreshments) 11:00 Easter Bunny Visit 1:30 Reminiscing Talk 2:30 Afternoon Tea Party 3:00 Easter Parade Movie 3:00 Facials & Fancy Nails 6:00 Bingo Fun with Ken	<b>22) Earth's Day</b> 10:00 Arirang Entertainment Korean Folk Dancing 1:30 Bingo Club Fun 2:30 Ice Cream Break 3:00 Earth Day Video Presentation Protecting Our Environment 4:00 Ukulele w/ Gloria & Lynn 6:00 Sing-Along with Chun	<b>23)</b> 10:00 Kalihi Baptist Church 10:00 Pet Visit w/ Betsy & Latte 11:00 Physical Fitness Time 2:00 Reminiscing w/ Jay 2:30 Hot/Cold Coffee Break 3:00 Sewing with Jody 4:00 Chair Yoga with Gloria 6:00 Korean Drama Special	<b>24) Professionals Day</b> 10:00 ENKA Presents 10:00 Pet Visit w/ Toby 1:30 Over the Hilltop Serenaders 2:30 Ben's Oasis Station 3:00 Afternoon Workout 3:00 Touring Places w/ Deb 4:00 Foot Massage w/ Toshi 6pm Movie: Life of Pi	<b>25)</b> 10:00 Moiliili Hongwanji Buddhist Service 11:00 Chair Yoga Workout 1:30 Music & Memory Time 2:30 Veggie Smoothie Break 3:00 Flower Lei Making w/ Kiini 4:00 Sounds&Rhythm w/ Chin 6:00 Tekniqlingz Dance Crew	<b>26) Arbor Day</b> 10:00 Mae Wakai Japanese Folk Dancing 10:00 Bible Talk w/ Bro. Nathan 1:30 Hanafuda Club w/ Gloria 2:30 "The Word" w/ Joe 3:30 Pau Hana Cocktail Hour 4:00 Karaoke Sing-along w/ Joe 6:00 Music For Inspiration	<b>27)</b> 9:00 Sightseeing to Waikiki 10:00 New Hope Service Times 11:00 Chair Aerobics 1:30 Gentlemen's Club 2:30 Tomato Juice Break 3:00 "Kanikapila" Music Jam Session with Sam, Scot & Manny 6:00 Super Volleyball w/ David

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>28)</b> 10:00 Christian Service w/ Pastor Abel Kim 10am Sensory & Namaste 11:00 Dancing to the Beat 1:30 Creative Lei Making 2:30 Iced Tea Social 3:00 <b>Sunday Matinee</b> 3:00 Facials & Fancy Nails 6:00 Bingo Fun with Ken	<b>29)</b> 10:00 Kamaka Tom & Co Musical Entertainment 11:00 Stretch & Rhythm 1:30 Bingo Club Fun 2:00 Piano Musical by Roy Island Hospice Volunteer 3:00 Zumba Gold Time 4:00 Ukulele w/ Gloria & Lynn 6:00 Musical Night w/ Kiana	<b>30)</b> 10:00 Pet Visit w/ Betsy & Latte 10:00 Gardening Club-2nd Flr. 11:00 Sushi Making & More by Lani Kaneshiro & Friends 1:30 Let's Play Dominoes 2:00 Reminiscing w/ Jay 2:30 Afternoon Coffee Break 3:30 Hula Dancing w/ Marissa 6:00 Japanese Toyo Theater	<b>RESIDENT COUNCIL MEETING</b>    <b>ALL ARE INVITED!</b> <b>Help Make A Difference...</b>  <b>Friday, April 5</b> 1:00 p.m. Castle Living Room		<b>Sightseeing to Downtown Waikiki</b> <b>Saturday April 27, 2019 @ 9am</b>  <b>Please RSVP. Space is limited. Call 695-2860.</b> <b>\$32/person. Checks payable to Roberts Hawaii.</b>	

**BEN'S OASIS**  
(Afternoon Hydration Program)



Mondays: Ice Cream  
 Tuesdays: Coffee  
 Wednesdays: Juices  
 Thursdays: "Smoothies"  
 Fridays: "Cocktails"  
 Saturdays: Fruit Drinks  
 Sundays: Iced Tea & Cookies

**Salon and Nail Services  
Available at Maunalani**




**Joyce Pasion (Hairdresser)**  
**Linda Flores (Manicurist)**  
 Please request an appointment with the Receptionist  
 OR Call 695-2860.

**DAILY ACTIVITIES (Castle Living Room located on the 3rd floor)**

<b>8:30 am</b> TODAY'S NEWS (Newspaper or news on TV)	<b>1:30pm</b> THE CLUB (Castle Living Rm)
<b>9:00 am</b> DAILY ANNOUNCEMENTS (menu, etc.)	<b>2:30pm</b> BEN'S OASIS (HYDRATION)
<b>9:15 am</b> GROUP EXERCISES	<b>3:00 pm</b> SCHEDULED ACTIVITY
<b>10:00am</b> SCHEDULED ACTIVITIES (Refer to calendar)	<b>4:00 pm</b> SCHEDULED ACTIVITY
<b>10:00 am</b> NAMASTE (Ethelwyn Wellness Center's 1st floor)	<b>6:00 pm</b> EVENING ACTIVITY

**\*\* Library assistance provided by our Receptionist DAILY from 10-6:30 p.m.**

**OUR NAMASTE CARE PROGRAM**  
(Honoring the Spirit Within)



Our Namaste Program blends nursing care and meaningful activities to provide peaceful and relaxing experiences using sensory-based methods such as gentle massages, range of motion, healing touch, music, and aromatherapy.

\*\*\*Located in our Wellness Building



**Come join us**

Activities are not limited to those listed in this Calendar. Individualized activities are available as well. If you need a guide for you to engage in other meaningful activities, please ask and/or contact any of our Resident Assistants or call the Community Life Dept. at 695-2813.

**2ND FLOOR DAILY ACTIVITIES**  
(by 2nd Floor Neighborhood Team)

(Note: Please ask 2nd Floor staff for assistance to the lanais)

<b>8:00 am</b>	Newspapers Available at the Aloha Aina
<b>9:00 am</b>	Coffee & Juices (at the Aloha Aina)
<b>10:00 am</b>	Small Group Activities (Orchid Dining Rm)
<b>1:30 pm</b>	1-1 Bedside Visits
<b>2:00 pm</b>	Ben's Oasis (at the Aloha Aina)
<b>3:30-4:30</b>	Small Group Activity (Orchid Room/Lanai)
<b>6:00 pm</b>	Movie Night (at the Aloha Aina)



