

SEPTEMBER 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30) 10:00 Kamaka Tom & Co. Musical Entertainment 10am Sensory & Namaste 11:00 Hula Dancing 1:30 Painting & Music 3:00 Movie Matinee Show 3:30 Facials & Fancy Nails 6:00 Bingo Fun with Ken	 <p>Residents Council Meeting * All Are Invited * September 7 @ 1:00pm Call 695-2810 for more info.</p>			BEN'S OASIS (Afternoon Hydration Program)  Mondays: Ice Cream Tuesdays: Coffee Wednesdays: Juices Thursdays: "Smoothies" Fridays: "Cocktails" Saturdays: Fruit Drinks Sundays: Iced Tea & Cookies		1) 10:00 Gaylord Rieta & Friends 10:00 Youtube Fun (Library) 11:00 Chair Yoga 1:30 Jewelry Making Club 2:30 Cran-Orange Juice Bar 3:00 Glitz and Glam w/ Selu 3:30 Indoor Tennis Game 6:00 Super Volleyball w/ David
2) 10:00 Christian Service with Pastor Abel Kim 10am Sensory & Namaste 11:00 Stetcher-cise 1:30 Fun With Colors 3:00 Movie Matinee Show 3:30 Facials & Fancy Nails 6:00 Bingo Fun with Ken	3) Labor Day 10:00 Labor Day Cooking w/ Susie Kam 10am Mikayla's Special Number 11:00 Labor Day Trivia Contest 1:30 Bingo Club Fun 3:00 Labor Day Socials Fun Foods & Talk Story 6:00 Evening BINGO with Ken	4) 10:00 Kathy and Clayton Song & Dance Rendition 11:00 Current News & Events 1:30 Puzzles, Board Games 2:00 Reminiscing w/ Jay 3:00 Pet Visit by Yuki w/ Chris 4:00 Ukulele w/ Gloria & Lynn 6:00 Japanese Toyo Theater	5) 10:00 Door of Faith 10:00 Pet Visit w/ Betsy&Latte 11:00 Bodies In Motion 1:30 Over the Hilltop Serenaders 2:30 Ben's Oasis Station 3:00 ESA 1-1 Visit by Deb Zeller 4:00 Beachball Kick and Toss 6:00 Movie: You've Got Mail	6) 10:00 True Life in Christ with Pastor Kimon 11:00 Tai Chi Workout 1:30 Sewing Club with Jody 2:30 Smoothie Break Time 3:00 Guitar Singing w/ Sam 4:00 Rhythmic Moves w/ Chin 6:00 Bingo Fun with Ken	7) 10:00 Island Praise Band 10:00 Bible Talk w/ Bro. Nathan 11:00 Stretcher-cize 1:00 Resident Council Meeting 2:30 Chips & Cocktail Hour 3:00 Gentlemen's Club Socials 3:30 Karaoke Sing-along w/ Joe 6:00 Music For Inspiration	8) 10a New Hope Service Times 10:00 Healing Touch w/Susie 11:00 Chair Yoga 1:30 Learning to Play Chess 2:30 Rootbeer Float Social 3:00 A Tribute to Grandparents By Aholelei Ohana 6:00 Super Volleyball w/ David
9) Grandparents Day 9:00 Recognizing Grandparents 10:00 Honolulu Blend Show 11:00 Stretcher-cise 1:30 Creative Arts & Crafts 2:30 Iced Tea Social 3:00 Christian Fellowship King's Chapel Niu Valley 6:00 Bingo Fun with Ken	10) 10:00 Arirang Entertainment Korean Traditional Dancing 10:00 Outdoor Sensory Time 11:00 Current News w/ Janae 1:30 Bingo Club Fun 3:00 Body & Brains Yoga w/ Cat 4:00 Ukulele w/ Gloria & Lynn 6:00 Evening BINGO with Ken	11) Patriot Day 10:00 Kalihi Baptist Church Christian Fellowship 10:00 Pet Visit w/ Toby 1:30 Bead Jewelry Making 2:00 Reminiscing w/ Jay 3:00 Afternoon Workout 4:00 September Historic Events 6:00 Japanese Toyo Theater	12) 10:00 Getting to Know Janae 10:00 Pet Visit w/ Betsy&Latte 11:00 Stretcher-cise w/ Sarah 1:30 Over the Hilltop Serenaders 2:30 Ben's Oasis Station 3:00 ESA 1-1 Visit by Deb Zeller 3:30 Photo Reminiscing w/ Hazel 6:00 Movie: The Proposal	13) 10:00 Happy Ohana Variety Show 11:00 Tai Chi Workout 1:30 Sewing Club with Jody 2:30 Fruit Smoothie Break 3:00 Piano Singing w/ Sam 4:00 Places I Remember 6:00 Bingo Fun with Ken	14) 10:00 Ernie Kanoa & Friends 10:00 Bible Talk w/ Bro. Nathan 11:00 Touring Japan w/ Sakura 1:30 Hanafuda Club 2:30 Chips & Cocktail Hour 2:30 "The Word" w/ Joe 3:30 Karaoke Sing-along w/ Joe 6:00 Music For Inspiration	15) 10:00 Mele Aloha Serenaders 10:00 Outdoor Views & Stroll 11:00 Chair Yoga 1:30 Church Songs w/ Gloria 2:30 Tomato Juice Stand 3:00 Flower Arranging with Ayako & friends 6:00 Super Volleyball w/ David
16) 10:00 Reminiscing Talk with Kayoko Wong 10:00 Spiritual Music Hour (Plumeria Room) 1:30 Music Session w/ Mike 3:00 Movie Matinee Show 3:30 Facials & Fancy Nails 6:00 Bingo Fun with Ken	17) Citizenship Day 10:00 Wakayagi Japanese Folk Dancing 11:00 Strengthening Moves 1:30 Bingo Club Fun 2:30 Ice Cream Break 3:00 Citizenship Trivia Contest 4:00 Ukulele w/ Gloria & Lynn 6:00 Relaxing Music w/ Jessie	18) 10:00 Shannon & Friends Guitar Music Relaxation 11:00 Dancing to Music 2:00 Reminiscing w/ Jay 2:30 Afternoon Coffee Break 3:00 Pet Visit by Yuki w/ Chris 4:00 Music & Memory Hour 6:00 Korean Drama Night	19) 10:00 Leahi Serenaders 10:00 Pet Visit w/ Betsy&Latte 11:00 Bodies In Motion 1:30 Over the Hilltop Serenaders 2:30 Ben's Oasis Station 3:00 ESA 1-1 Visit by Deb Zeller 4:00 Foot Massage w/ Toshi 6:00 Movie: Hope Springs	20) 10:00 Korean Dance Show Lanakila Senior Center 11:00 Tai Chi Workout 1:30 Sewing Club with Jody 2:30 Vegetable Smoothies 3:00 Gentlemen's Club 4:00 Scattegory Contest 6:00 Tekniqlingz Crew	21) 10:00 Ukulele Rendition First Chinese Church 10:00 Bible Talk w/ Bro. Nathan 11:00 Japan Events/Celebrations 3:00 Veterans Club Meeting Guest: Gen. James "Jim" Hirai 4:00 Pau Hana Karaoke Time 6:00 Music For Inspiration	22) 10:00 Nakayoshi Band 10:00 Sensory & Namaste 12:00 Volunteer Appreciation Luncheon & Program 2:30 Coconut Water Break 3:00 Glitz and Glam w/ Selu 4:00 Dancing to Elvis Music 6:00 Super Volleyball w/ David

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
23) 10:00 Sunday Karaoke Challenge 10am Garden Sensory Time 11:00 Dancing w/ Janae 1:30 Creative Arts & Crafts 2:30 Iced Tea Social 3:00 Movie Matinee Show 3:30 Facials & Fancy Nails 6:00 Bingo Fun with Ken	24) 10am Gloria's Birthday Cooking Treat 10am Namaste & Healing Touch 11:00 Stretch & Rhythm 1:30 Bingo Club Fun 2:30 Ice Cream Break 3:00 Afternoon Tai Chi 4:00 Ukulele w/ Gloria & Lynn 6:00 Sing-along w/ Mr. Chun	25) 10:00 Kalihi Baptist Church 10:00 Pet Visit w/ Toby 11:00 Sushi Making w/ Lani, Doug, & Melba 2:00 Reminiscing w/ Jay 2:30 Afternoon Coffee Break 3:00 Learning to Play Mahjong 4:00 Music & Memory Hour 6:00 Korean Drama Night	26) 10:00 Pet Visit w/ Betsy&Latte 10:00 Darrell Loo Legacy Musical Quartet 11:00 Updates on News & Events 1:30 Over the Hilltop Serenaders 2:30 Ben's Oasis Station 3:00 ESA 1-1 Visit by Deb Zeller 4:00 Afternoon Workout 6:00 Movie: Quartet	27) 10:00 Moiliili Hongwanji Buddhist Service 10am Music & Memory Hour 11:00 Tai Chi Workout 1:30 Sewing Club with Jody 2:30 Smoothie Break Time 3:30 Honoring our Veteran Mr. Curtis Noborikawa 6:00 Musical Night w/ Kiana	28) 10:00 Vic and Barry Musical Presentation 10:00 Bible Talk w/ Bro. Nathan 10:00 Namaste & Healing Touch 11:00 Stretcher-cise 2:30 "The Word" w/ Joe 3:00 Honoring Mr. J. Kalaukoa 4:00 Karaoke Sing-along w/ Joe 6:00 Music For Inspiration	29) 10:00 HAMO Christian Ministry Outreach 10:00 Outdoor Sensory Time 11:00 Chair Yoga 1:00 Kahala Mall Excursion 1:30 Round Table Games 2:30 Tropical Juice Break 3:30 Indoor Volleyball 6:00 Super Volleyball w/ David

DAILY ACTIVITIES (by 2nd Floor Neighborhood Team)

(Note: Please ask 2nd Floor staff for assistance to the lanais)

- 8:00 am** Newspapers Available at the Aloha Aina
- 9:00 am** Coffee & Juices (at the Aloha Aina)
- 10:00 am** Small Group Exercises (Orchid Dining Rm)
- 1:30 pm** 1-1 Bedside Visits
- 2:00 pm** Ben's Oasis (at the Aloha Aina)
- 3:30-4:30** Small Group Activity (Orchid Room/Lanai)
- 6:00 pm** Movie Night (at the Aloha Aina)

DAILY ACTIVITIES (Castle Living Room located on the 3rd floor)

- 8:30 am** TODAY'S NEWS (Newspaper or news on TV)
- 9:00 am** DAILY ANNOUNCEMENTS (menu, etc.)
- 9:15 am** GROUP EXERCISES
- 10:00am** SCHEDULED ACTIVITIES (Refer to calendar)
- 10:00 am** NAMASTE (Ethelwyn Wellness Center's 1st floor)
- 1:30pm** THE CLUB (Castle Living Rm)
- 2:30pm** BEN'S OASIS (HYDRATION)
- 3:00 pm** SCHEDULED ACTIVITY
- 4:00 pm** SCHEDULED ACTIVITY
- 6:00 pm** EVENING ACTIVITY

**** Library assistance provided by our Receptionist DAILY from 10-6:30 p.m.**

OUR NAMASTE CARE PROGRAM
(Honoring the Spirit Within)



Our Namaste Program blends nursing care and meaningful activities to provide peaceful and relaxing experiences using sensory-based methods such as gentle massages, range of motion, healing touch, music, and aromatherapy.

***Located in our Wellness Building

**Outing to:
Kahala Mall**

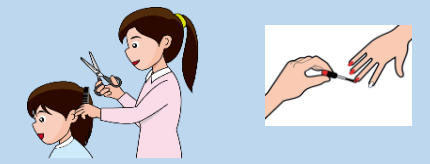


Fare: \$32.00/person
**Checks payable to:
Roberts Hawaii**
RSVP call 695-2813



Activities are not limited to those listed in this Calendar. Individualized activities are available as well. If you need a guide for you to engage in other meaningful activities, please ask and/or contact any of our Resident Assistants or call the Community Life Dept. at 695-2813.

Salon and Nail Services are Available



Joyce Pasion (Hairdresser)
Linda Flores (Manicurist)

*** Please request an appointment with Chloe or Selu at 695-2860.

