




MARCH 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 <p>HAPPY St. Patrick's DAY March 17, 2018</p>	<p style="text-align: center;">BEN'S OASIS (Afternoon Hydration Program)</p> <div style="display: flex; align-items: center;">  <p>Mondays: Ice Cream Tuesdays: Hot Coffee Wednesdays: Cran-apple Thursdays: "Smoothies" Fridays: "Cocktails" Saturdays: Fruit Punch Sundays: Tea & Cookies</p> </div>		 <p>Happy Girl's Day! March 3, 2018</p>	<p>1) 10:00 Japanese Paper Dolls by Kiyoko Furuyama & Michi 11:00 Tai Chi Workout 1:30 Japan's Exotic Places 1:30 Bracelet Beading Club 2:30 1-1 Visits w/ Deb Z. 3:30 Indoor Tennis Game 6:00 Bingo Night Fun</p>	<p>2) 10:00 Ukulele Sing-along with Lynn & Gloria 10:00 Bible Talk w/ Bro. Nathan 11a Japan & Sakura 1:30 Creative Beads Craft 2:30 Hanafuda Time 3:30 Pau Hana Karaoke w/ Joe 6:00 Music For Inspiration</p>	<p>3) Girls' Day 10:00 Gaylord Rieta & Friends Musical Entertainment 11:00 Chair Yoga 1:30 Putting Pieces Together 2:30 Cran-Orange Juice Bar 2:30 Glitz & Glam w/ Selu 3:30 Bingo Club 6:00 Super Volleyball w/ David</p>
<p>4) 10:00 Christian Service with Pastor David Madrid 10:00 Courtyard Relaxation 11:00 Strengthening Moves 1:30 Creative Beads Craft 3:00 Movie: Seven Samurai 3:00 Facials & Fancy Nails 6:00 Bingo Fun with Ken</p>	<p>5) 10:00 Taste of Japan w/ Susie 10:00 A Little Bit of Sunshine 11:00 Bodies In Motion 1:30 Bingo Club Fun 2:30 Paper Folding Arts-Origami 3:30 Afternoon Fitness Fun 4:00 Ukulele w/ Lynn & Gloria 6:00 Bingo Fun with Ken</p>	<p>6) 10:00 Guitar Music Relaxation with Shannon and Friend 10:00 Current News Today 2:00 Reminiscing with Jay 2:30 Hot/Cold Coffee Break 3:00 Pet Visit by Yuki w/ Chris 4:00 Ukulele w/ Gloria & Lynn 6:00 Toyo Theater Night</p>	<p>7) 10:00 Door of Faith 10:00 Pet Visit w/ Betsy&Latte 11:00 Strengthening Exercises 1:30 Over the Hilltop Serenaders 2:30 Extra Special Attention 1-1 In-room Visits w/ Deb Z. 3:30 Afternoon Work-out 6:00 Movie: The Ramen Girl</p>	<p>8) 10:00 True Life in Christ (Christian Service) 10:00 Outdoor Sensory Fun 11:00 Tai Chi Workout 1:30 Music by Mike Ebaloroza 3:00 Misora Hibari Concert 3:30 Indoor Volleyball Game 6:00 Bingo Fun with Ken</p>	<p>9) 10:00 Ernie Kanoa & Friends 10:00 Bible Talk w/ Bro. Nathan 11a Japanese Singing w/Sakura 2:30 The "WORD" w/ Joe 2:30 Cocktails & Chips 3:00 Residents Social Hour 3:30 Pau Hana Karaoke w/ Joe 6:00 Music For Inspiration</p>	<p>10) 10a New Hope Service Times Christian Service 11:00 Chair Yoga 1:30 Fun With Colors 2:30 Rootbeer Float Break 3:00 Diamond Head Church Christian Fellowship 6:00 Super Volleyball w/ David</p>
<p>11) 10:00 Karaoke Sing-along 10:00 Namaste & Music 11:00 News Reading Aloud 2:00 Painting Arts Fun 2:30 Japanese Tea Break 3:00 Movie: The Taste of Tea 3:00 Facials & Fancy Nails 6:00 Bingo Fun with Ken</p>	<p>12) 10:00 Japanese Cooking with Kayoko Wong 10:00 Beachball Kick & Toss 11:00 Japan Trivia Game 1:30 Bingo Club Fun 3:00 Body & Brains Yoga w/ Cat 4:00 Ukulele w/ Lynn & Gloria 6:00 Bingo Fun with Ken</p>	<p>13) 10:00 Kalihi Baptist Church 10:00 Pet Visit w/ Toby 11:00 Hawaii News Today 1:30 Table Volleyball 2:00 Talk Story with Jay 3:00 Beachball Kick & Toss 4:00 Ukulele w/ Lynn & Gloria 6:00 Toyo Theater Night</p>	<p>14) 10a Mele O Hawaii & Friends Japanese Culture Presentation 10:00 Pet Visit w/ Betsy&Latte 1:30 Over the Hilltop Serenaders 2:30 Extra Special Attention 1-1 In-room Visits w/ Deb Z. 3:30 Mental Stimulation Games 6:00 Movie: The Wolverine</p>	<p>15) 10:00 Happy Ohana 10:00 Outdoor Sensory Time 11:00 Tai Chi Workout 1:30 Music by Mike Ebaloroza 2:30 Carrot Smoothie Time 3:00 DVD: Tokyo 3:30 Indoor Tennis Game 6:00 Bingo Fun with Ken</p>	<p>16) 10:00 Island Praize Band Christian Music Ministry 10:00 Bible Talk w/ Bro. Nathan 11a Japanese Karaoke -Sakura 3:00 Mr. Ronald P. Han Jr. Director, Office Of Veterans Svc. 4:00 Pau Hana Karaoke w/ Joe 6:00 Music For Inspiration</p>	<p>17) St. Patrick's Day 10:00 Mele Aloha Serenaders 10:00 Outdoor Fun Stroll 11:00 St. Patrick's Day Trivia 1:00 Massage Session Time w/ KCC Therapy Students 2:30 DVD: Ireland 6:00 Super Volleyball w/ David</p>
<p>18) 10:00 Kamaka & Friends Song&Dance Entertainment 10:00 YouTube Fun w/Chloe 11:00 Strengthening Moves 1:30 Creative Arts & Crafts 3:00 Movie: Adrift In Tokyo 3:30 Facials & Fancy Nails 6:00 Bingo Fun with Ken</p>	<p>19) 10:00 Wakayagi Shiyu Kai Japanese Folk Dancing 10:00 Hand Massages & ROM's 1:30 Bingo Club Fun 2:30 Ice Cream Break 3:00 Afternoon Workout 4:00 Ukulele w/ Lynn & Gloria 6:00 Singing w/ Mr. Chun</p>	<p>20) 10:00 Plumeria Girls Workout 10:00 Music & Memory Time 11:00 Current News & Events 1:30 Table Volleyball 2:00 Reminiscing with Jay 3:00 Pet Visit by Yuki w/ Chris 3:30 The Price Is Right! 6:00 Toyo Theater Night</p>	<p>21) 10:00 Pet Visit w/ Betsy&Latte 10:00 Word Building Games 11:00 Strecher-cise 1:30 Over the Hilltop Serenaders 2:30 1-1 In-room Visits w/ Deb Z. 3:00 Indoor Tennis Game 4:00 Photo Reminiscing 6:00 Movie: Ben-Hur</p>	<p>22) 10:00 Moilili Hongwanji Buddhist Service 10:00 Google Fun w/Chloe 11:00 Tai Chi Workout 1:30 Music by Mike Ebaloroza 3:00 DVD: Japanland 5:00 Family Night Dinner Music By Gaylord and Friends</p>	<p>23) 10:00 Ukulele Sing-along with Lynn & Gloria 11a Japanese Culture and Traditions by Sakura 2:30 The "WORD" w/ Joe 3:00 Residents Social Hour 3:30 Karaoke Fun Time w/ Joe 6:00 Music For Inspiration</p>	<p>24) 10:00 EBB Tides 10:00 Namaste & Music 11:00 Chair Yoga 1:30 Fun with Colors 2:30 Tropical Juice Bar 2:30 Glitz & Glam w/ Selu 3:30 Bingo Club 6:00 Super Volleyball w/ David</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25) Palm Sunday 10:00 Christian Service with Pastor Abel Kim 11:00 Namaste & Music 11:00 Strength Exercise 1:30 Creative Arts & Crafts 3:00 Movie: The Robe 3:30 Facials & Fancy Nails 6:00 Bingo Fun with Ken	26) Prince Kuhio Day 10:00 Prince Kuhio Day Social 10:00 Computer Fun w/Chloe 11:00 Moving to the Beat 1:30 Bingo Club Fun 2:30 Afternoon Ice Cream Break 3:00 Mix and Match 4:00 Ukulele w/ Gloria & Lynn 6:00 Bingo Fun with Ken	27) 10:00 Kalihi Baptist Church 10:00 Pet Visit w/ Toby 11:00 Sushi Making Class w/ Lani and Friends 2:00 Talk Story with Jay 3:00 Moving to the Beat 4:00 Table Games 6:00 Mike Sim & Friends	28) 10:00 Pet Visit w/ Betsy&Latte 10:45 Darrell Loo Legacy 11:00 Stretcher-cise 1:30 Over the Hilltop Serenaders 2:30 1-1 In-room Visits w/ Deb 3:00 Reminiscing Fun 4:00 Karaoke with Hazel 6:00 The Ten Commandments	29) 9:00 Sightseeing to Waikiki 10:00 Pacific University String Quartet 11:00 Tai Chi Workout 1:30 Music by Mike Ebalagoza 3:00 Foot Massage w/ Toshi 4:00 Indoor Volleyball Game 6:00 Bingo Fun with Ken	30) Good Friday 10:00 Ukulele Sing-along with Lynn & Gloria 10:00 Outdoor Sensory Fun 11a Talking Japanese w/ Sakura 1:30 Word Hunt 3:00 Residents Social Hour 3:30 Karaoke Fun Time w/ Joe 6:00 Music For Inspiration	31) 10:00 Mr. Kitazawa & Shigeku Japanese Tea Ceremony 11:00 Chair Yoga 1:30 Sorting & Organizing 2:30 Tropical Juice Bar 3:30 Noriko & Company Talent Variety Show 6:00 Super Volleyball w/ David

DAILY ACTIVITIES (on 2nd Floor)

(Note: Please ask for assistance to the lanais)

- 9:00 am Today's News (at the Aloha Aina)
- 9:00 am Juice/Hydration Bar (at the Aloha Aina)
- 10:00 am Group Exercises (Orchid Dining Rm)
- 10:30 am Sensory Stimulating Group Activity (Orchid Rm)
- 11:00-1:00 pm Lunch
- 2:00 pm Ben's Oasis (at the Aloha Aina)
- 6:00 pm Movie Night (at the Aloha Aina)

DAILY ACTIVITIES (Castle Living Room on 3rd Floor)

- 8:30 am TODAYS NEWS (Newspaper or news on TV)
- 9:00 am DAILY ANNOUNCEMENTS (menu, etc.)
- 9:15 am GROUP EXERCISES
- 10:00am SCHEDULED ACTIVITIES (Refer to calendar)
- 10:00 am NAMASTE (1st Floor Ethelwyn Wellness Center)
- 1:30pm THE CLUB (Castle Living Rm)
- 1:30pm NAMASTE (Salon Room)
- 3:00 pm BEN'S OASIS
- 3:30pm SCHEDULED ACTIVITIES

** Library assistance provided by our Receptionist at 10-6:30 p.m.

OUR NAMASTE CARE PROGRAM (Honoring the Spirit Within)



Our Namaste Program blends nursing care and meaningful activities to provide peaceful and relaxing experiences using sensory-based methods such as gentle massages, range of motion, healing touch, music, and aromatherapy.

***Located in our Wellness Building

Sightseeing to:



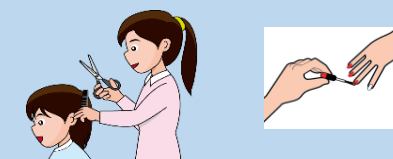
Downtown and Waikiki Areas

\$32.00/person
Checks payable to:
Roberts Hawaii
RSVP call 695-2813



Activities are not limited to those listed in this Calendar. Individualized activities are available as well. If you need a guide for you to engage in other meaningful activities, please ask and/or contact any of our Resident Assistants or call the Community Life Dept. at 695-2813.

Salon and Nail Services are Available



Joyce Pasion (Hairdresser)
Linda Flores (Manicurist)

*** Please request an appointment with Chloe or Selu at 695-2860.

