



AUGUST 2016



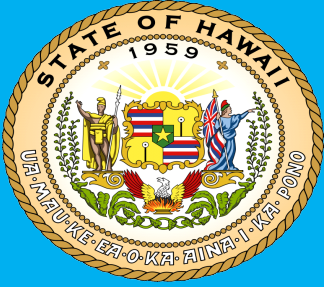

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
 <p>Resident Council Meetings * All Are Invited * August 12 & 26 @ 9am Call 695-2810 for more info.</p>	1) 10:00 Cathy & Clayton Rendition 10:00 1-1 ROMs & Massages 11:00 Fitness Fun w/ Gloria 1:30 Bingo Club 2:30 Dhan Yoga with Kat 3:30 Pet Visit By Kaori 4:00 Ukulele w/ Gloria & Lynn 6:00 Bingo Night Fun	2) 10:00 Christian Praise & Worship 10:00 Pet Visit with Toby 11:00 Talk Story w/ Lani 2:00 Talk Story Session w/ Jay 3:00 Marie Itsuki In Concert Japanese Singer /Entertainer 4:00 Singing w/Lynn & Gloria 6:00 ToyoTheater Night w/ Richard	3) 10:00 Door of Faith 10:00 Pet Visit w/ Betsy&Latte 11:00 Strengthening Exercises 1:30 Hilltop Serenaders 3:00 You Tube Fun w/ Jazmine 3:30 HawaiianTray Memory Game 3:30 Kickball & Toss 6:30 Sharing Time with Mike	4) 10:00 Polynesian Fun Games 10:00 Table Volley at Lanai 11:00 HI Fun Facts & Trivia w/ Kayoko 1:30 Music Therapy Session with Mike Ebaloroza 3:00 Tropical Juice Stand 3:30 Pupus Time with Jody 6:00 Bingo Night Fun	5) 10:00 Talking "Pidgin" w/ Joe 10:00 Bible Talk w/ Bro. Nathan 11:00 Moving to Hawaiian Beat with Gloria 1:30 Movies I Love w/ Joe 3:30 Veteran's Club Meeting w/ Ron Han (Veteran's Services) 6:00 Music For Inspiration	6) 10:00 Gaylord Rieta & Friends Musical Entertainment 10:00 Lanai Sunshine Relaxation 11:00 Mind Stimulating Games 1:30 Putting Pieces Together 3:30 Circuit Exercises 3:30 Bingo Club 6:30 Super Volleyball w/ David	
	7) 10:00 Kuu' Wa Hula (Hula & Musical Entertainment) 10:00 Beachball Kick & Toss 11:00 Chair Yoga w/ Gloria 1:30 Fun With Colors 3:00 Barry & Greg Music 3:30 Facials & Fancy Nails 6:00 Bingo Night	8) 10:00 Magic and Kainoa 10:00Sensory Fun @ Castle Lanai 11:00 Learning Hula w/ Gloria 1:30 Bingo Club 3:00 Afternoon Ice Cream Fun 3:30 Pet Visit By Kaori 4:00 Ukulele w/ Gloria & Lynn 6:00 Bingo Night Fun	9) 10:00 Arirang Entertainment 10:00 Sunshine Talk & Stroll 11:00 Reminiscing w/ Lani 2:00 Talk Story Session w/ Jay 3:30 Honoring Mr.Thomas Oshiro (U.S Army Veteran) 4:30 Singing w/Lynn & Gloria 6:00 Toyo Theater Night	10) 10:00 Pet Visit w/Betsy&Latte 10:00 1-1 ROM's w/ Guil 11:00 Plumeria Girls 1:30 Hilltop Serenaders 3:00 You Tube Fun w/ Jazmine 3:30 Hawaii Pictionary 3:30 Pineapple Bowling at Lanai 6:30 Indoor Tennis Game	11) 10:00 Sulia's Polynesian Kitchen 10:00 Music Relaxation @ Lanai 11:00 Tropical Plant of Hawaii with Kayoko 1:30 Music Therapy Session with Mike Ebaloroza 3:00 Japan Talk Story w/ Koji 6:00 Bingo Night Fun	12) 9:00 Resident Council Meeting 10:00 Ernie & Friends 10:00 Bible Talk w/ Bro. Nathan 11:00 Finger Exercises w/ Susie 1:30 Blackjack Fun with Joe 2:30 Lei Making Crafts 3:30 Karaoke Friday Social 6:00 Music For Inspiration	13) 10:00 EBB Tides 10:00 Garden Sensory Fun 11:00 Hawaii's Best w/Kyle 1:30 Hanafuda Club w/ Gloria 2:30 Bingo Club 3:00 Cocktail Hour (Castle lanai) 3:30 Martin & Gabriel 6:30 Super Volleyball w/ David
	14) 10:00 Christian Service with Pastor David Madrid 11:00 Olympic Updates w/ Kyle 1:30 Reminiscing with Guil 2:30 Afternoon Tea Break 3:00 Molokai (Movie) 3:30 Facials & Fancy Nails 6:00 Bingo Night	15) 10:00 Arirang Entertainment 10:00 1-1 ROMs & Massages 11:00 Fitness Fun w/ Gloria 1:30 Bingo Club 3:00Children of Long CanoesDVD 3:30 Pet Visit By Kaori 4:00 Ukulele w/ Gloria & Lynn 6:00 Bingo Night Fun	16) 10:00 Christian Praise & Worship 10:00 Pet Visit with Toby 11:00 Talk Story w/ Lani 2:00 Talk Story Session w/ Jay 3:00 Diamond Head Documentary 3:30 Kickball & Toss @ Lanai 4:00 Singing w/Lynn & Gloria 6:00 Toyo Theater Night	17) 10:00 HI Stamping Arts 10:00 Pet Visit w/Betsy&Latte 11:00 News and Current Events 1:30 Hilltop Serenaders 3:00 You Tube Fun w/ Jazmine 3:30 Basic Hula Steps 3:30 Pet Visit by Yuki w/ Chris 6:30 Sharing Time with Mike	18) 10:00 Polynesian Culture & Fashion 10:00 Views &Sunshine Relaxation 11:00 Hawaii Language w/ Kayoko 1:30 Music Therapy Session with Mike Ebaloroza 3:30 Honoring Mr. Ralph Matsuda (U.S Army Veteran) 6:00 Bingo Night Fun	19) Statehood Day 10:00 Statehood Day Barbecue 10:00 Pono Wahine 10:00 Bible Talk w/ Bro. Nathan 1:30 Card Games w/ Joe 2:00 Jehovah Witness Visit 3:00 Cocktails,Chips, Sunshine 3:30 Pau Hana Karaoke Party 6:00 Music For Inspiration	20) 10:00 New Hope Service Times 10:00 Summer Gardening 11:00 Strengthening Moves 1:00 Outing To Kahala Mall 1:30 Mele Aloha Serenaders 3:30 Circuit Exercises 3:30 Bingo Club 6:30 Super Volleyball w/ David
	21) 10:00 Halia - Hawaiian Musical 10:00 1-1 ROM Exercises 11:00 Olympic Updates w/ Kyle 1:30 Coloring Contest 2:30 Sorting & Organizing 3:00 Barry & Greg Music 3:30 Facials & Fancy Nails 6:00 Bingo Night	22) 10:00 Shannon and Friends 10:00 1-1 ROMs & Massages 11:00 Hula Dancing w/ Gloria 1:30 Bingo Club 3:00 Afternoon Ice Cream Fun 3:30 Pet Visit By Kaori 4:00 Ukulele w/ Gloria & Lynn 6:00 Bingo Night Fun	23) 10:00 Hawaiian Cooking w/ Jody 10:00 Hawaiian Songs I Love 11:00 Reminiscing w/ Lani 1:30 Round Table Volleyball 2:00 Talk Story Session w/ Jay 3:00 Merry Monarch Festival -DVD 4:00 Singing w/Lynn & Gloria 6:00 Korean Movie Night	24) 10:00 Japanese Culture Club 10:00 Pet Visit w/ Betsy&Latte 11:00 Fitness Fun w/ Gloria 1:30 Hilltop Serenaders 3:00 You Tube Fun w/ Jazmine 3:30 This Was the Year... 1960's 3:30 Pet Visit by Yuki w/ Chris 6:30 Indoor Tennis Game	25) 10:00 Moiliili Hongwanji Buddhist Service 10:00 Table Volley at Lanai 11:00Japanese Singing w/ Kayoko 1:30 Music Therapy Session with Mike Ebaloroza 3:00 Japan Talk Story w/ Koji 5:00 Family " Luau" Night	26) 9:00 Resident Council Meeting 10:00 Polynesian Variety Show 10:00 Bible Talk w/ Bro. Nathan 1:00 Movies I Love w/ Joe 2:30 Honoring the August Birthday Celebrants 3:30 Karaoke Friday Social 6:00 Music For Inspiration	27) 10:00 Kabuki Entertainment Japanese Classical Dancing 11:00 Hawaii Geography Trivia 3:00 Cocktail Hour (Castle lanai) 3:00 Tomas Ohana Hula Show 3:30 Bingo Club 6:30 Super Volleyball w/ David

SUNDAY	MONDAY	TUESDAY	WEDNESDAY
28)	29)	30)	31)
10:00 Christian Service with Pastor Abel Kim	10:00 Hula Halau O Manoa	10:00 Plumeria Girls	10:00 Pet Visit w/ Betsy&Latte
10:00 Gardening with Susie	10:00 1-1 ROMs & Massages	10:00 Pet Visit with Toby	10:00 Sensory Stimulating Fun
11:00 Word Games w/ Kyle	11:00 Strengthening Moves	11:00 Talk Story w/ Lani	10:45 Darrell Loo Legacy
3:00 Princess Kaiulani (Movie)	1:30 Bingo Club Fun	2:00 Talk Story Session w/ Jay	1:30 Hilltop Serenaders
3:30 Facials & Fancy Nails	3:00 Ice Cream Sunday Bar	3:00 Scenic Hawaii -Documentary	3:00 You Tube Fun w/ Jazmine
6:00 Folk Dancing & Tinikling by the Tekniqlingz Crew	3:30 Pet Visit By Kaori	3:30 Card Games at the Lanai	3:30 Blackjack (Castle Lanai)
	4:00 Ukulele w/ Gloria & Lynn	4:00 Singing w/Lynn & Gloria	3:30 Beach Ball Kick & Toss
	6:00 Bingo Night Fun	6:00 Korean Movie Night	6:00 A Night w/ Kiana Luna



Ben's Oasis
(Daily Hydration Program)

Mondays: Ice Cream
Tuesdays: Hot Coffee
Wednesdays: Cran-apple
Thursdays: "Smoothies"
Fridays: "Cocktails"
Saturdays: Fruit Punch
Sundays: Tea & Cookies

Happy Statehood Day!
Aug. 21, 1959

DAILY ACTIVITIES (Castle Living Room on 3rd Floor)

8:30 am TODAYS NEWS (Newspaper or news on TV)	1:30pm THE CLUB (Castle Living Rm)
9:00 am DAILY ANNOUNCEMENTS (menu, etc.)	1:30pm COMPUTER FUN (Library)
9:15 am GROUP EXERCISES	3:00 pm BEN'S OASIS
10:00am SCHEDULED ACTIVITIES (Refer to calendar)	3:30pm SCHEDULED ACTIVITIES (Refer to Calendar)
11:00am JUICE BAR	

** 10 am 2nd Activity at the Castle Lanai
** Library assistance provided by our Receptionist at 10-6:30 p.m.

DAILY ACTIVITIES (on 2nd Floor)

9:00 am	Today's News (at the Aloha Aina)
9:00 am	Juice/Hydration Bar (at the Aloha Aina)
10am	Sensory Stimulating Activities (Orchid Activity/Dining Rm)
10:00 am	Group Exercises (2nd Floor Lanai)
10:30-11:30	Stimulating Spontaneous Activities (Lanai)
1:30-3 pm	Afternoon Fun (Orchid Activity/Dining Room)
2:00 pm	Ben's Oasis (at the Aloha Aina)
6:00 pm	Movie Night (at the Aloha Aina)

Our NAMASTE CARE Program
(Honoring the Spirit Within)



Our Namaste Program blends nursing care and meaningful activities to provide peaceful and relaxing experiences using sensory-based methods such as gentle massages, range of motion, healing touch, music, and aromatherapy.

Namaste Room- Mon-Fri 10am-12pm; 1:30pm-4:00pm
Salon Room, Saturdays 10am to 12pm; 1:30pm-4:00pm

Outing to Kahala Mall

Saturday, August 20, 2016
(1:30pm to 3:00pm)

\$25.72/person
Space is limited
Please call 695-2813 to RSVP/email us at
Activities@maunalani.org



Activities are not limited to those listed in this Calendar. Individualized activities are available as well. If you need a guide for you to engage in other meaningful activities, please ask and/or contact any of our Resident Assistants or call the Activity Dept. at 695-2813.

SALON SERVICES



Salon Services are available on Sundays
Camille Ano (Hairdresser)
Linda Flores (Manicurist)

** If you are interested in scheduling an appointment, please ask your Charge Nurse or Unit Secretary for a Salon Request form.
** You can also contact our Receptionist at 695-2860 or drop by the Receptionist Desk located at the 3rd floor by the Library.