



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1)</b> 10:00 Christian Service with Pastor Abel 10:00 Lei Making w/ Rosa Ho 11:00 Stretcher-cise w/ Susie 1:30 Lei Making Class 3:00 Meet The Browns (Movie) 3:30 Fancy Nails 6:00 Bingo Night	<b>2)</b> 10:00 Shannon & Her Guitar 10:00 Wild Flower Planting w/ Joy 11:00 Hula Dancing w/ Gloria 1:30 Po-Ke-No Time 2:30 Dhan Yoga with Kat 3:30 Pet Visit By Kaori 4:00 Ukulele w/ Gloria & Lynn 6:00 Bingo Night Fun	<b>3)</b> 10:00 Tennis Tournament 10:00 Sensory Fun at Lanai 11:00 Current Events w/ Kyle 1:00 Table Games & Puzzles 2:00 The Plumeria Girls 3:30 Fitness Fun w/ Gloria 4:00 Singing w/Lynn & Gloria 6:00 Korean Theater Night	<b>4)</b> 10:00 Door Of Faith 10:00 Pet Visit w/Betsy&Latte 11:00Finger Exercises w/ Susie 1:30 Hilltop Serenaders 3:00 You Tube Fun w/ Jazmine 3:30 Pet Visit by Yuki w/ Chris 3:30 Circuit Exercise w/ Joy 6:30 Sharing Time with Mike	<b>5) Boy's Day/Cinco de Mayo</b> 10:00 Boy's Day Celebration with Kayoko and Kyle 10:00 Sensory Fun at the Lanai 11:00 News Today w/ Kyle 1:00 Best Ed Sullivan Show-dvd 3:00Cinco De Mayo Celebration 3:30 Musical Sounds w/ Chin 6:00 Bingo Night Fun	<b>6)</b> 10:00 Indoor Volleyball Challenge 10:00 " My Latest Travel" by Joe 10:00 Music Relaxation @ Lanai 11:00 Patriotic Singing-along 1:00 Hanafuda with Joe 2:00 Jehovah Witness Visit 3:30 Pau Hana Karaoke Party 6:00 Music For Inspiration	<b>7)</b> 10:00 Gaylord Rieta & Friends Musical Entertainment 10:00 Music Relaxation @Lanai 11:00 Fitness Fun w/ Gloria 1:30 Crocheting w/ Rose 3:30 Cocktail Hour (Castle lanai) 3:30 Bingo Club 6:30 Super Volleyball w/ David
<b>8)</b> 8-10am Mother's Day Brunch Piano Rendition by Mr. Fox 10:00 Karaoke Sing-along 11:00 Current News w/ Kyle 1:30 Checkers and Dominoes 3:00 Mamma Mia (Movie) 3:30 Fancy Nails 6:00 Bingo Night	<b>9)</b> 10:00 Pau Hana Glee Club 10:00 ROMs & Gentle Massages 11:00 Chair Yoga w/ Gloria. 1:30 Po-Ke-No Time 3:00 Afternoon Ice Cream Fun 3:30 Pet Visit By Kaori 4:00 Ukulele w/ Gloria & Lynn 6:00 Bingo Night Fun	<b>10)</b> 10:00 Arirang Entertainment 10:00 Pet Visit with Toby 11:00 Current Events w/ Kyle 1:00 Table Games & Puzzles 3:00 Afternoon Coffee Break 3:30 Blackjack (Castle Lanai) 4:00 Singing w/Lynn & Chin 6:00 Korean Theater Night	<b>11)</b> 10:00 Japanese Culture Club 10:00 Pet Visit w/Betsy&Latte 11:00Finger Exercises w/ Susie 1:30 Hilltop Serenaders 3:00 You Tube Fun w/ Jazmine 3:00 Tropical Juice Bar 3:30 Afternoon Fitness Fun 6:00 Indoor Tennis Game	<b>12)</b> 10:00 National Nursing Home Week "International Pageant" 11:00 Garden Talk w/ Kayoko 1:00 CNN News Watch 1:00 Best Ed Sullivan Show-dvd 3:30 Sing-along w/Janine/Susie 3:30 Hand Massage Social 6:00 Bingo Night Fun	<b>13)</b> 10:00 Ernie & Friends 10:00 Bible Talk w/ Bro. Joe 10a Resident Council Meeting 11:00 Fitness Fun w/ Gloria 1:30 Blackjack Fun with Joe 3:00 Word Games w/ Nina 3:30 Karaoke Friday Social 6:00 Music For Inspiration	<b>14)</b> 10:00 Hula Halau O Kehalani 10:00 Garden Talk & Stroll 11:00Latest SportsNews w/Kyle 1:30 Family Games w/ Charlie 2:30 Skills Development Class 3:30 Music & Outdoor Fun 3:30 Bingo Club 6:30 Super Volleyball w/ David
<b>15)</b> 10:00 Christian Service with Pastor David Madrid 10:00 Gentlemens Club 10:00 Songs That We Love 2:30 Afternoon Tea Break 3:00 Forest Gump(Movie) 3:30 Facials & Fancy Nails 6:00 Bingo Night	<b>16)</b> 10:00 Wakayagi Shiyo Kai (Japanese Folk Dancing) 11:00 Bodies In Motion 1:30 Bingo Club 3:00 Afternoon Ice Cream Fun 3:30 Pet Visit By Kaori 4:00 Ukulele w/ Gloria & Lynn 6:00 Bingo Night Fun	<b>17)</b> 10:00 Praise & Worship w/ Ptr. Wagner ( Christian Svc.) 11:00 Talk Story w/ Lani 1:30 Round Table Volleyball 3:00 Afternoon Coffee Break 3:30 Blackjack (Castle Lanai) 4:00 Singing w/Lynn & Gloria 6:00 Toyo Theater Night	<b>18)</b> 10:00 Moiliili Karaoke Ohana 10:00 Pet Visit w/Betsy&Latte 11:00 Word Games with Nina 1:30 Hilltop Serenaders 3:00 You Tube Fun w/ Jazmine 3:30 Creative Arts w/ Gloria 3:30 Pet Visit by Yuki w/ Chris 6:30 Sharing Time with Mike	<b>19)</b> 10:00 Cooking w/ Kayoko 10:00 Talk Story w/ Kyle 11:00 "Gang Nam" Style 1:00 Best Ed Sullivan Show-dvd 2:30 Skills Development Time 3:30 Flower Arranging w/ Susie 3:30Sing-along w/ Janine/Regie 6:00 Bingo Night Fun	<b>20)</b> 10:00 Kathy and Clayton 10:00 Bible Talk w/ Bro. Joe 11:00 Bend, Stretch & Rhythm 1:30 Music Relaxation w/ Joe 2:00 Jehovah Witness Visit 3:00 Cocktails,Chips, Sunshine 3:30 Pau Hana Karaoke Party 6:00 Music For Inspiration	<b>21)</b> 9:00 Sightseeing To Waikiki 10:00 Mele Aloha Serenaders 11:00 Travel Stories w/ Gloria 1:30 Card Games w/ Charlie 3:00 Island Juice Stand 3:30 Decorating Recycled Bags 3:30 Bingo Club w/ Gloria 6:30 Super Volleyball w/ David
<b>22)</b> 10:00 Christian Service with Pastor Abel 10:00 Circuit Exercises 11:00 Songs We Love 2:30 Reminiscing w/ Kyle 3:00 Pride & Prejudice (Movie) 3:30 Facials & Fancy Nails 6:00 Bingo Night	<b>23)</b> 10:00 Shannon & Her Guitar 10:00 Gardening Club with Joy 11:00 Bodies In Motion 1:30 Bingo Club 3:00 Afternoon Ice Cream Fun 3:30 Pet Visit By Kaori 4:00 Ukulele w/ Gloria & Lynn 6:00 Bingo Night Fun	<b>24)</b> 10:00 Travel Stories w/ Kyle 10:00 Pet Visit with Toby 11:00 Language Class w/ Kyle 1:30 Circuit Exercises 3:00 Afternoon Coffee Break 3:30 Blackjack (Castle Lanai) 4:00 Singing w/Lynn & Gloria 6:00 Toyo Theater Night	<b>25)</b> 10:00 Japanese Culture Club 10:00 Pet Visit w/ Betsy&Latte 11:00 Hula Dancing w/ Gloria 1:30 Hilltop Serenaders 3:00 You Tube Fun w/ Jazmine 3:30 Scattogories w/ Nina 4:00 Patriotic Singing w/ Regie 6:00 Indoor Tennis Game	<b>26)</b> 10:00 Moiliili Hongwanji Buddhist Service 10:00 Table Volley at Lanai 11:00 Sing-along w/ Kayoko 1:00 Best Ed Sullivan Show-dvd 3:30 Photo Reminiscing w/Chin 4:00 Dancing w/ Elvis by Regie 6:00 Bingo Night Fun	<b>27)</b> 10:00 "Phiten Day" w/ Toshie 10:00 Bible Talk w/Bro. Joe 10a Resident Council Meeting 1:00 Movies I Love w/ Joe 2:30 Honoring the May Birthday Celebrants 3:30 Karaoke Friday Social 6:00 Music For Inspiration	<b>28)</b> 10:00 New Hope Service 10:00 Music & Outdoor Fun 11:00 Current Events w/ Kyle 1:30 Geographic Parks (DVD) 3:00 Pina Colada Break 3:30 Paper Lei Making Class 3:30 Bingo Club 6:30 Super Volleyball w/ David

SUNDAY	MONDAY	TUESDAY
<b>29)</b> 10:00 Songs We Remember 10:00 Views, Sunshine and Courtyard Fun 11:00 Bend Stretch & Rhythm 1:30 Family Games w/ Kyle <b>3:00 For The Boys (Movie)</b> 3:30 Facials & Fancy Nails 6:00 Bingo Night	<b>30) Memorial Day</b> 10:00 Movement Center's "Music Makers" <b>10:00 Memorial "Barbecue" Day</b> 1:30 Bingo Club 3:00 Afternoon Ice Cream Fun 3:30 Pet Visit By Kaori <b>4:00 Ukulele w/ Gloria &amp; Lynn</b> 6:00 Bingo Night Fun	<b>31)</b> 10:00 Hymns For Worship with Pastor Wagner 11:00 The Plumeria Girls 1:30 Round Table Volleyball <b>2:30 Creative Arts w/ Bottles</b> 3:30 Blackjack (Castle Lanai) 4:00 Singing w/Lynn & Gloria 6:00 A Night w/ Kiana Luna



### Ben's Oasis (Daily Hydration Program)

- Mondays: Ice Cream
- Tuesdays: Hot Coffee
- Wednesdays: Cran-apple
- Thursdays: "Smoothies"
- Fridays: "Cocktails"
- Saturdays: Fruit Punch
- Sundays: Tea & Cookies

### DAILY ACTIVITIES (Castle Living Room on 3rd Floor)

- |   |   |
|---|---|
| <b>8:30 am</b> TODAY'S NEWS (Newspaper or news on TV)   | <b>1:30pm</b> THE CLUB (Castle Living Rm)                 |
| <b>9:00 am</b> DAILY ANNOUNCEMENTS (menu, etc.)         | <b>1:30pm</b> COMPUTER FUN (Library)                      |
| <b>9:15 am</b> GROUP EXERCISES                          | <b>3:00 pm</b> BEN'S OASIS                                |
| <b>10:00am</b> SCHEDULED ACTIVITIES (Refer to calendar) | <b>3:30pm</b> SCHEDULED ACTIVITIES<br>(Refer to Calendar) |
| <b>11:00am</b> JUICE BAR                                |   |
- \*\* 10 am 2nd Activity at the Castle Lanai  
\*\* Library assistance provided by our Receptionist at 10-6:30 p.m.

### DAILY ACTIVITIES (on 2nd Floor)

- 9:00 am** Today's News (at the Aloha Aina)
- 9:00 am** Juice/Hydration Bar (at the Aloha Aina)
- 10am** Sensory Stimulating Activities (Orchid Activity/Dining Rm)
- 10:00 am** Group Exercises (2nd Floor Lanai)
- 10:30-11:30** Stimulating Spontaneous Activities (Lanai)
- 1:30-3 pm** Afternoon Fun (Orchid Activity/Dining Room)
- 2:00 pm** Ben's Oasis (at the Aloha Aina)
- 6:00 pm** Movie Night (at the Aloha Aina)

### Our NAMASTE CARE Program

(Honoring the Spirit Within)



Our Namaste Program blends nursing care and meaningful activities to provide peaceful and relaxing experiences using sensory-based methods such as gentle massages, range of motion, healing touch, music, and aromatherapy.

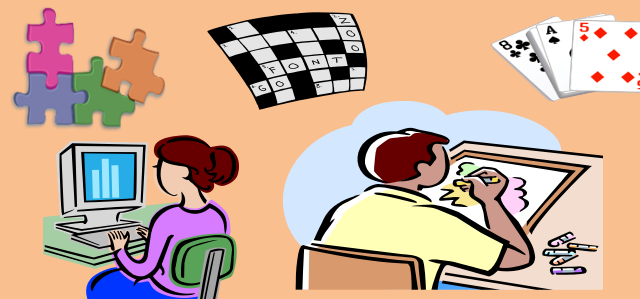
Namaste Room- Mon-Fri 10am-12pm; 1:30pm-4:00pm  
Salon Room, Saturdays 10am to 12pm; 1:30pm-4:00pm

### Sightseeing Waikiki Area

**May 21 (Saturday)**  
**(9:00am to 10:00am)**

**\$25.72/person**  
**Space is limited**  
**Please call 695-2813**  
**to RSVP/email us at**

[Activities@maunalani.org](mailto:Activities@maunalani.org)



Activities are not limited to those listed in this Calendar. Individualized activities are available as well. If you need a guide for you to engage in other meaningful activities, please ask and/or contact any of our Resident Assistants or call the Activity Dept. at 695-2813.

### SALON SERVICES



Salon Services are available on Sundays  
**Camille Ano (Hairdresser)**  
**Linda Flores (Manicurist)**

\*\* If you are interested in scheduling an appointment, please ask your Charge Nurse or Unit Secretary for a Salon Request form.  
\*\* You can also contact our Receptionist at 695-2860 or drop by the Receptionist Desk located at the 3rd floor by the Library.