

MAUNALANI NURSING AND REHABILITATION CENTER

April
2016



Hawaii Healthcare Hero
Grace Porras

Hawaii Healthcare Heroes Honored by Hawaii Politicians

The 2015 Hawaii Healthcare Heroes, including our very own **Grace Porras** (Maunalani's evening shift nurse manager), were honored on March 29, 2016 at the Capitol by members of the Hawaii State Legislature. The first ceremony took place at Senate Chambers, and the second at the House Chambers.

Grace and the other 4 Hawaii Healthcare Heroes were recognized (among healthcare professionals from across our state) by the **Healthcare Association of Hawaii (HAH)** for having gone above and beyond the call of duty for their patients.

Grace was nominated by Liana Pang, whose mom (Mili Pang) resided at Maunalani.

Grace, and another Healthcare Hero (Jim Stremick) were also featured in HMSA's Spring 2016 magazine's **Island Scene** section.

Congratulations again to Grace for all the accolades! We are so proud of you!



Getting to know Mr. Makoto "Mako" Murakami

Here at Maunalani, our residents are part of our ohana, thus we wish to get to know about their life experiences, their joys, and everything that is meaningful to them. On Wednesday, March 23rd, we held a celebration in honor of Mako.



Mako was born on April 26, 1920 in Yamaguchi, Japan. He came to Honolulu (with his family) when he was only 3 months old. Dad (Seiichi) was born in Yamaguchi. Mom (Mitsuyo) was born in Honolulu.

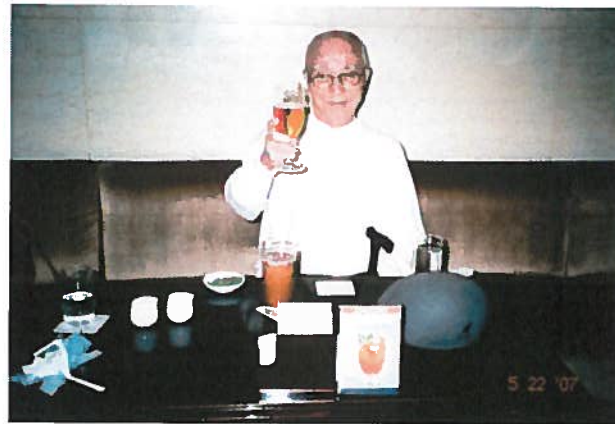


Mako was an avid fisherman! He was known for staying out all night fishing----only coming home in time to shower and head to work!

Mako also raised pedigree homing pigeons (with certificates). His homing pigeons were trained to travel to the neighbor islands and back home to Oahu!

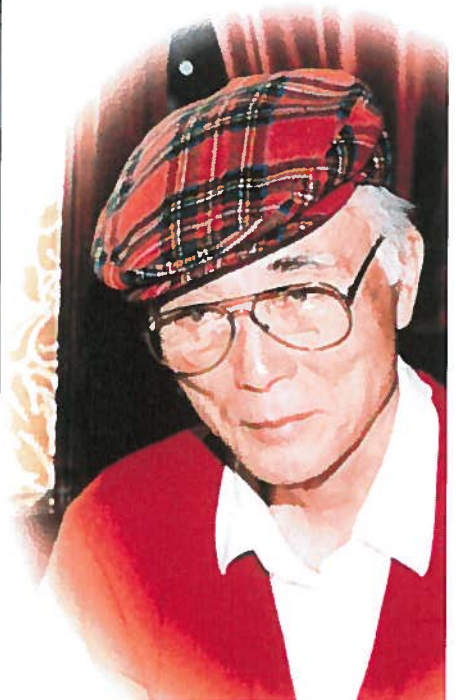


Mako and the love of his life--Elsie Oda Murakami. Together they raised their 2 children (Lani and Tim).



Mako's work history:

- * Pineapple Cannery
- * Royal Hawaiian Hotel
- * Miller & Phipps
- * Canada Dry
- * Royal Brewing Co. (Primo Beer)
- * Johnston & Busher
- * Paradise Beverages



Later in life, Mako became interested in fashion (including hats and clothing). Here is his favorite photo of himself dressed to the nines!

Maunalani Gives Back to the Community

Mahalo to Maunalani's staff, residents and their families for helping make our Aloha United Way 2015 Campaign a HUGE success!

On March 4, 2016, on behalf of our entire Maunalani Ohana, we presented a check for **\$5,535.60** to Aloha United Way.

Our special guests were:

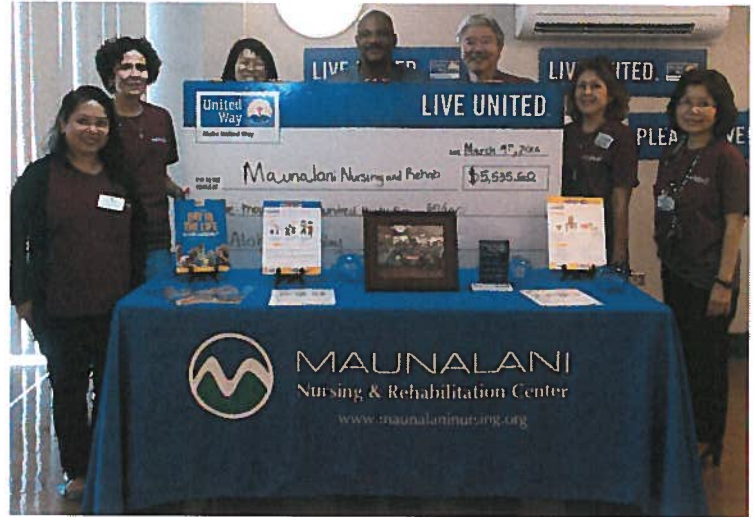
Ms. Cindy Adams, *AUW President & CEO*

Mr. Mel Colquitt, *Workplace Campaigns Director*

Ms. Amanda Stanfield, *Marketing & Communications*

Our 2015 AUW Campaign was filled with many creative and fun events like: the White Elephant and bake sales, our "Thinking Outside the Box" sale, the Andagi Fundraising Sale sponsored by Ige's Lunchwagon & Catering, our Maunalani's 65th Anniversary t-shirt sale, and our Piggy bank drive!

Maunalani has been partnering with AUW since 1990. Today, we have contributed over \$62,000 to this worthy organization which helps countless of individuals and non-profit organizations in Hawaii.



NOT Getting Enough Sleep?



Maunalani is partnering once again with **Kapiolani Community College's Math and Sciences Department**.

Students from the lecture/lab course, "The Science of Sleep"-- will be giving a **FREE** lecture here at Maunalani.

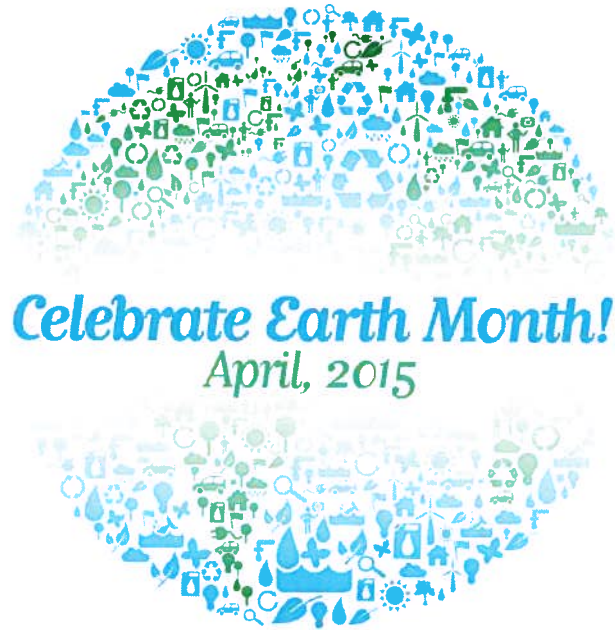
The KCC students are under the direction and guidance of Professor Sheryl Shook, PhD, LSP.

For more information, please contact Czar (Community Life Director) at 695-2872 or czarinat@maunalani.org

Friday, April 22
10:30 am - 11:30 am
Castle Living Room

Guest Presenters:
Xander & Uto

Family Night Dinner



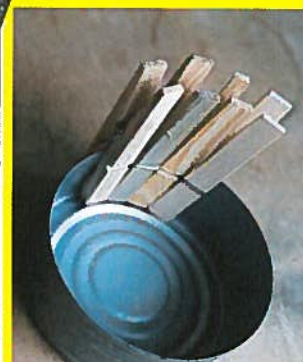
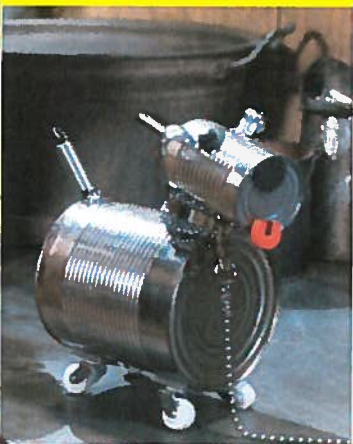
Celebrate Earth Month!
April, 2015

Feeling creative? Help us celebrate Earth month by creating a home-made artwork we can feature during our Family Night Dinner (April 29)
OR donate your RECYCLED goods (empty paper towel rolls, bottle caps, buttons, etc.) that we can use for our art projects!



Family Night Dinner
(In celebration of our Earth Month)
Friday, April 29 (5pm)
Special Musical Guest:
Kiana Luna (recording artist)
Space is limited. Dinner \$20/guest.

WANTED: Your "Recycled" Art



SAVE THE JEANS

Earth month campaign

If you would like to donate recycled materials such as old (but Clean) jeans or skirts, or embellishments (buttons, tote handles, zippers, pockets, bling-bling/rhinestones, sequins, patches, etc.),

please contact Arceli at 695-2813
or Czar at 695-2872 for more information.

We will be making bags out of recycled materials (i.e. denim) for our residents to use.

