

# April 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<div style="display: flex; align-items: center;">  <div> <p style="text-align: center;"><b>Ben's Oasis</b> (Daily Hydration Program)</p> <p>Mondays: Ice Cream Tuesdays: Hot Coffee Wednesdays: Cran-apple Thursdays: "Smoothies" Fridays: "Cocktails" Saturdays: Fruit Punch Sundays: Tea &amp; Cookies</p> </div> </div>						<p><b>1) April Fool's Day</b></p> <p>10:00 Indoor Volleyball Challenge</p> <p>10:00 Bible Talk w/Bro. Nathan</p> <p>10:00 Gentlemen's Club w/Joe</p> <p>11:00 Move to the Beat!</p> <p>1:00 Hanafuda with Joe</p> <p>2:00 Jehovah Witness Visit</p> <p>3:30 Pau Hana Karaoke Party</p> <p>6:00 Music For Inspiration</p>	<p><b>2)</b></p> <p>10:00 Gaylord Rieta &amp; Friends</p> <p>10:00 Music Relaxation @Lanai</p> <p>11:00 Stretcher-cise w/ Gloria</p> <p>1:00 Life In A Day <i>(Youtube Life Collection In a Day)</i></p> <p>3:30 Cocktail Hour (Castle lanai)</p> <p>3:30 Bingo Club</p> <p>6:30 Super Volleyball w/ David</p>
<p><b>3)</b></p> <p>10:00 Christian Service with Pastor Abel</p> <p>10:00 Courtyard Fun &amp; Sun with Kyle and Joy</p> <p>11:00 Dancing with Regie</p> <p>1:30 Lei Making Class</p> <p>3:30 Fancy Nails</p> <p>6:00 Bingo Night</p>	<p><b>4)</b></p> <p>10:00 Shannon &amp; Her Guitar</p> <p>10:00 Gardening Club w/ Joy</p> <p>11:00 Hula Rendition by the Korea-Hawaii Association</p> <p>1:30 Bingo Club</p> <p>2:30 Dhan Yoga with Kat</p> <p>3:30 Ukulele w/ Gloria &amp; Lynn</p> <p>6:00 Korean Theater Night</p>	<p><b>5)</b></p> <p>10:00 Piano Sing-along w/ Ruth</p> <p>10:00 Sensory Fun at Lanai</p> <p>11:00 Move to the beat w/Regie</p> <p>1:30 Table Volleyball</p> <p>2:00 Sharing Ideas w/ Jay</p> <p>3:30 Blackjack (Castle Lanai)</p> <p>3:30 Singing w/Lynn &amp; Regie</p> <p>6:00 Toyo Theater Night</p>	<p><b>6)</b></p> <p>10:00 Door Of Faith</p> <p>10:00 Pet Visit w/Betsy&amp;Latte</p> <p>11:00 Word Games with Nina</p> <p>1:30 Hilltop Serenaders</p> <p>3:00 Malorie's Lei Making Class</p> <p>3:30 Pet Visit by Yuki w/ Chris</p> <p>3:30 Fun Facts with Janine</p> <p>6:30 Sharing Time with Mike</p>	<p><b>7)</b></p> <p>10:00 Songs and Magic</p> <p>10:00 Table Volley @ Lanai</p> <p>11:00 Garden Talk w/ Kayoko</p> <p>1:00 CNN News Watch</p> <p>1:30 Endangered Species (dvd)</p> <p>3:30 Sing-along w/Janine/Regie</p> <p>3:30 Pet Visit w/Denise &amp; Elle</p> <p>6:00 Bingo Night Fun</p>	<p><b>8)</b></p> <p>10:00 Ernie &amp; Friends</p> <p>10:00 Bible Talk w/ Bro. Nathan</p> <p>10a Resident Council Meeting</p> <p>11:00 Current News</p> <p>1:30 Movies I Love with Joe</p> <p>3:00 Cocktails,Chips, Sunshine</p> <p>3:30 Pau Hana Karaoke Party</p> <p>6:00 Music For Inspiration</p>	<p><b>9)</b></p> <p>10:00 Mele Aloha Serenaders</p> <p>10:00 Garden Talk &amp; Stroll</p> <p>11:00 Current News w/ Kyle</p> <p>1:30 Pictionary Game</p> <p>2:30 Creative w/Recycled Parts</p> <p>3:30 Music &amp; Outdoor Fun</p> <p>3:30 Bingo Club</p> <p>6:30 Super Volleyball w/ David</p>	
<p><b>10)</b></p> <p>10:00 Christian Service with Pastor David Madrid</p> <p>10:00 Courtyard Fun &amp; Games</p> <p>11:00 Sing along with Regie</p> <p>2:30 Ice Cream Sunday</p> <p>3:00 Water for Elephants(Movie)</p> <p>3:30 Facials &amp; Fancy Nails</p> <p>6:00 Bingo Night</p>	<p><b>11)</b></p> <p>10:00 Japanese Culture and Tea Ceremony w/ Shigeku</p> <p>11:00 Bodies In Motion</p> <p>1:30 Bingo Club</p> <p>2:30 Beach Ball Toss</p> <p>3:30 Ukulele w/ Gloria &amp; Lynn</p> <p>3:30 Pet Visit By Kaori</p> <p>6:00 Korean Theater Night</p>	<p><b>12)</b></p> <p>10:00 Praise &amp; Worship with Honolulu Bible Church</p> <p>10:00 Pet Visit with Toby</p> <p>1:30 Round Table Volleyball</p> <p>2:00 Trending Issues w/ Jay</p> <p>3:30 Blackjack (Castle Lanai)</p> <p>3:30 Singing w/Lynn &amp; Regie</p> <p>6:00 Toyo Theater Night</p>	<p><b>13)</b></p> <p>10:00 Japanese Culture Club</p> <p>10:00 Pet Visit w/Betsy&amp;Latte</p> <p>11:00"MY Hula Hands" w/Gloria</p> <p>11:00 Tai Chi &amp; Healing Touch</p> <p>1:30 Hilltop Serenaders</p> <p>3:30 Word Games with Janine</p> <p>3:30 Ben's Oasis at Lanai</p> <p>6:30 Sharing Time with Mike</p>	<p><b>14)</b></p> <p>10:00 Mele O Hawaii</p> <p>10:00 Range of Motion</p> <p>11:00 Hawaii Trivia w/ Kayoko</p> <p>1:30 Endangered Species (dvd)</p> <p>3:30 Pet Visit w/Denise &amp; Elle</p> <p>3:30Jodi's Bags from Old Jeans</p> <p>3:30Sing-along w/ Janine/Regie</p> <p>6:00 Bingo Night Fun</p>	<p><b>15)</b></p> <p>10:00 Pono Wahine</p> <p>10:00 Bible Talk w/Bro. Nathan</p> <p>11:00 Bend, Stretch &amp; Rhythm</p> <p>1:30 Blackjack Fun with Joe</p> <p>1:30 Making Bags out of Jeans &amp; Other Recycled Fabrics</p> <p>3:30 Karaoke Friday Social</p> <p>6:00 Music For Inspiration</p>	<p><b>16)</b></p> <p>10:00 New Hope Service</p> <p>10:00 Fun In The Sun</p> <p>11:00 Mental Games w/ Kyle</p> <p>1:30 Flower Collages w/ Nina</p> <p>2:30 Skills Development Class</p> <p>3:30 Relax to Big Band Music</p> <p>3:30 Bingo Club</p> <p>6:30 Super Volleyball w/ David</p>	
<p><b>17)</b></p> <p>10:00 HALIA Musical Entertainment</p> <p>10:00 Circuit Exercises</p> <p>11:00 Songs We Love</p> <p>2:30 Reminiscing w/ Kyle</p> <p>3:30 Ptr. Abel Christian Svc.</p> <p>3:30 Facials &amp; Fancy Nails</p> <p>6:00 Bingo Night</p>	<p><b>18) Patriot's Day</b></p> <p>10:00 Heels and Harmony</p> <p>10:00 Gardening Club with Joy</p> <p>11:00 Bodies In Motion</p> <p>1:30 Bingo Club</p> <p>2:30 Let's Talk About It!</p> <p>3:30 Ukulele w/ Gloria &amp; Lynn</p> <p>3:30 Pet Visit By Kaori</p> <p>6:00 Korean Theater Night</p>	<p><b>19)</b></p> <p>10:00 Arirang Entertainment</p> <p>10:00 Pet Visit with Toby</p> <p>11:00 "Talking Birds" by Lani</p> <p>1:30 Circuit Exercises</p> <p>2:30 Afternoon Coffee Break</p> <p>3:30 Blackjack (Castle Lanai)</p> <p>3:30 Singing w/Lynn &amp; Regie</p> <p>6:00 Toyo Theater Night</p>	<p><b>20)</b></p> <p>10:00 Leahi Serenaders</p> <p>10:00 Pet Visit W/Betsy&amp;Latte</p> <p>11:00 Scattogories</p> <p>1:30 Hilltop Serenaders</p> <p>3:30 Recycling Paper Products with Malorie</p> <p>3:30 Pet Visit by Yuki w/ Chris</p> <p>6:30 Sharing Time with Mike</p>	<p><b>21)</b></p> <p>10a Spring Cooking w/Kayoko</p> <p>10:00 Gardening Club</p> <p>10:00 YouTube Fun</p> <p>11:00 Bodies In Motion</p> <p>1:30 Hawaii Eco Stories(dvd)</p> <p>3:00 Fruit Smoothies Social</p> <p>3:30 Pet Visit w/Denise &amp; Elle</p> <p>6:00 Bingo Night Fun</p>	<p><b>22) Earth Day</b></p> <p>10:00 Earth Month Presentation</p> <p>10:30 Sleep Wellness Talk with Kapiolani Community College</p> <p>1:00 Movies I Love w/ Joe</p> <p>2:30 Honoring the April Birthday Celebrants</p> <p>3:30 Karaoke Friday Social</p> <p>6:00 Music For Inspiration</p>	<p><b>23)</b></p> <p>10:00 New Hope Service</p> <p>10:00 Music &amp; Outdoor Fun</p> <p>11:00 Geography Wonder Quiz</p> <p>1:30 Untamed Antarctic (DVD)</p> <p>3:00 Bloody Mary Hour</p> <p>3:30 Paper Beads Crafts</p> <p>3:30 Bingo Club</p> <p>6:30 Super Volleyball w/ David</p>	

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
24)	25)	26)	27) <b>Professional's Day</b>	28)	29)	30)
10:00 Christian Service with Pastor David Madrid	10:00 Shannon & Her Guitar	10:00 Hymns For Worship with Pastor Wagner	10:00 Japanese Culture Club	10:00 Moiliili Hongwanji	10:00 "Phiten Day" with Toshi	9:00 Sightseeing to Manoa Makiki and Punchbowl
10:00 Courtyard Talk & Stroll	10:00	10:00 Pet Visit with Toby	10:00 Pet Visit w/Betsy&Latte	10:00 Outdoor Volley w/Kyle	10:00 "My Latest Travel" by Joe	10:00 Word Games with Nina
11:00 Bend Stretch & Rhythm	11:00 This Was The Year..1958	1:30 Round Table Volleyball	10:00 YouTube Fun	10:00 YouTube Fun	10:00 Ukulele Sing-along w/Reg	10:00 Word Games with Nina
1:30 Scrabble with Kyle	1:30 Bingo Club	2:30 Creative Arts w/ Bottles	11:00 Professional Day Trivia	11:00 Songs I Love w/ Kayoko	1:00 Hanafuda with Joe	11:00 Travel Time w/ Kyle
3:00 My Dog Skip (Movie)	2:30 Soft Net Volley	3:30 Blackjack (Castle Lanai)	1:30 Hilltop Serenaders	1:30 Tables Games with Chin	3:00 Courtyard Social Fun with cocktails, snacks, sun & music	1:30 Soft Net Volley w/ Gloria
3:30 Facials & Fancy Nails	3:30 Ukulele w/ Gloria & Lynn	3:30 Singing w/Lynn & Regie	3:00 Recycling Art w/ Malorie	3:00 Fruit Smoothies Social	5:00 Family Night Dinner	3:00 Afternoon Juice Bar
6:00 Bingo Night	3:30 Pet Visit By Kaori	6:00 Toyo Theater Night	3:30 Strengthening Moves	3:30 Pet Visit w/Denise & Elle	Entertainment By: Kiana Luna	3:30 Bingo Club
	6:00 Korean Theater Night		6:30 Sharing Time W/ Mike	6:00 Bingo Night Fun		6:30 Super Volleyball w/ David

### DAILY ACTIVITIES (Castle Living Room on 3rd Floor)

**8:30 am** TODAYS NEWS (Newspaper or news on TV)  
**9:00 am** DAILY ANNOUNCEMENTS (menu, etc.)  
**9:15 am** GROUP EXERCISES  
**10:00am** SCHEDULED ACTIVITIES (Refer to calendar)  
**11:00am** JUICE BAR  
 \*\* 10 am 2nd Activity at the Castle Lanai  
 \*\* Library assistance provided by our Receptionist at 10-6:30 p.m.

**1:30pm** THE CLUB (Castle Living Rm)  
**1:30pm** COMPUTER FUN (Library)  
**3:00 pm** BEN'S OASIS  
**3:30pm** SCHEDULED ACTIVITIES (Refer to Calendar)

### DAILY ACTIVITIES (on 2nd Floor)

**9:00 am** Today's News (at the Aloha Aina)  
**9:00 am** Juice/Hydration Bar (at the Aloha Aina)  
**10am** Sensory Stimulating Activities (Orchid Activity/Dining Rm)  
**10:00 am** Group Exercises (2nd Floor Lanai)  
**10:30-11:30** Stimulating Spontaneous Activities (Lanai)  
**1:30-3 pm** Afternoon Fun (Orchid Activity/Dining Room)  
**2:00 pm** Ben's Oasis (at the Aloha Aina)  
**6:00 pm** Movie Night (at the Aloha Aina)

### OUR NAMASTE CARE PROGRAM (Honoring the Spirit Within)



Our Namaste Program blends nursing care and meaningful activities to provide peaceful and relaxing experiences using sensory-based methods such as gentle massages, range of motion, healing touch, music, and aromatherapy.

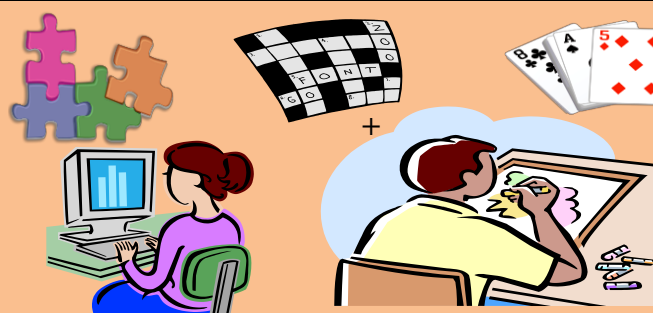
Namaste Room- Mon-Fri 10am-12pm; 1:30pm-4:00pm  
 Salon Room, Saturdays 10am to 12pm; 1:30pm-4:00pm

### Sightseeing Manoa, Makiki and Punchbowl

April 30 (Saturday)  
(9:00am to 10:00am)

**\$25.72/person**  
**Space is limited**  
**Please call 695-2813**  
**to RSVP/email us at**

[Activities@maunalani.org](mailto:Activities@maunalani.org)



Activities are not limited to those listed in this Calendar. Individualized activities are available as well. If you need a guide for you to engage in other meaningful activities, please ask and/or contact any of our Resident Assistants or call the Activity Dept. at 695-2813.

### SALON SERVICES



Salon Services are available on Sundays  
 Camille Ano (Hairdresser)  
 Linda Flores (Manicurist)

\*\* If you are interested in scheduling an appointment, please ask your Charge Nurse or Unit Secretary for a Salon Request form.  
 \*\* You can also contact our Receptionist at 695-2860 or drop by the Receptionist Desk located at the 3rd floor by the Library.