



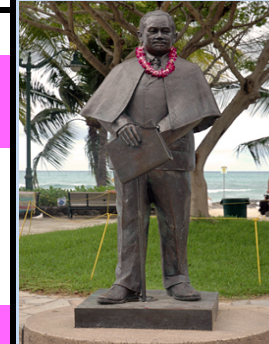


# March 2016



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Ben's Oasis</b> (Daily Hydration Program) Mondays: Ice Cream Tuesdays: Hot Coffee Wednesdays: Cran-apple Thursdays: "Smoothies" Fridays: "Cocktails" Saturdays: Fruit Punch Sundays: Tea & Cookies	 <b>Happy Girl's Day!</b>  <b>MARCH is Japanese Heritage Month at Maunalani!</b>	<b>1)</b> 10:00 Ikebana Demonstration by Jody Domingo 11:00 Current News w/ Kyle 1:30 Round Table Volleyball 2:00 Current Issues w/ Jay 3:30 Blackjack Fun (Castle Lanai) 3:30 Singing w/Lynn & Regie 6:00 Toyo Theater Night	<b>2)</b> 10:00 Door Of Faith 10:00 Pet Visit w/Betsy&Latte 10:45 Group Legacy 1:30 Hilltop Serenaders 3:00 Malorie's Art Class 3:30 Pet Visit by Yuki w/ Chris 3:30 Word Games with Janine 6:30 Sharing Time with Mike	<b>3) Girl's Day</b> 10:00 Happy Ohana Musical Entertainment 10:00 Garden Outdoor Fun <b>11:00 Girls Day Celebration</b> 1:30 Japanese Crafts & Décor 3:30 Pet Visit w/Denise & Elle 3:30 Group Sensory Fun 6:00 Bingo Night Fun 	<b>4)</b> 10:00 Origami with Kayoko 10:00 Bible Talk w/Bro. Nathan 10:00 Gentlemen's Club w/Joe 11:00 Songs We Remember 1:00 Hanafuda with Joe 2:00 Jehovah Witness Visit 3:30 Pau Hana Karaoke Party 6:00 Music For Inspiration	<b>5)</b> 10:00 Gaylord Rieta & Friends 10:00 Music Relaxation @Lanai 11:00 Stretcher-cise w/ Gloria 1:00 The Taste Of Tea (movie) <i>Best Movie---Hawaii Film Festival</i> 3:30 Afternoon tea (Castle Lanai) 3:30 Bingo Club 6:30 Super Volleyball w/ David
<b>6)</b> 10:00 Christian Service with Pastor Abel 10:00 Relaxation (Courtyard) 11:00 Hawaii Trivia Fun 1:30 Lei Making Class 3:00 The Karate Kid (Movie) 3:30 Fancy Nails 6:00 Bingo Night	<b>7)</b> 10:00 Shannon & Her Guitar 10:00 Range of Motion Exercises 10:00 Youtube class w/Jazmine 11:00 Vocal Exercises w/Joy 1:30 Taisho Koto Session 2:30 Dhan Yoga with Kat 3:30 Pet Visit By Kaori 6:00 Bingo Night Fun	<b>8)</b> 10:00 Arirang Entertainment 10:00 Pet Visit with Toby 11:00 "All About Birds" w/Lani 1:00 Table Games & Puzzles 2:00 Talk Story w/ Jay 3:30 Blackjack (Castle Lanai) 3:30 Singing w/Lynn & Regie 6:00 Toyo Theater Night	<b>9)</b> 10:00 Leahi Serenaders 10:00 Pet Visit w/Betsy&Latte 10:00 Computer Fun w/Jazmine 11:00 Reminiscing with Nina 1:30 Hilltop Serenaders 3:00 Malorie's Lei Making Class 3:30 Fun Facts with Janine 6:30 Sharing Time with Mike	<b>10)</b> 10:00 Tavana In Concert 10:00 Table Volley @ Lanai 11:00 Strengthening Moves 1:00 CNN News 1:30 Japanland (dvd) 3:30 Sing-along w/ Janine Regie 3:30 Pet Visit w/Denise & Elle 6:00 Bingo Night Fun	<b>11)</b> 10:00 Ernie & Friends 10:00 Bible Talk w/ Bro. Nathan 10a Resident Council Meeting 11:00 Current News 1:00 Blackjack Fun with Joe 3:00 Cocktails, Chips, Sunshine 3:30 Karaoke Friday Social 6:00 Music For Inspiration	<b>12)</b> <b>10:00 Ebb Tides</b> 10:00 Garden Talk & Stroll 11:00 Trivia Pursuit 1:30 Pictionary Game 2:30 Language Class w/ Angie 3:30 Music & Outdoor Fun 3:30 Bingo Club 6:30 Super Volleyball w/ David
<b>13)</b> 10:00 Japanese Cooking Fun with Joy and Angie 10-11:30 Kyle Talks About his Okinawan Culture (lanai) 2:30 Ice Cream Sunday 3:00 Shall We Dance (Movie) 3:30 Fancy Nails 6:00 Bingo Night	<b>14)</b> 10:00 Pau Hana Glee Club (Musical Entertainment) 11:00 Bodies In Motion 1:30 Bingo Club 2:30 Beach Ball Toss 3:30 Ukulele w/ Gloria & Lynn 3:30 Pet Visit By Kaori 6:00 Bingo Night Fun	<b>15)</b> 10:00 Praise & Worship with Honolulu Bible Church 11:00 Current Events w/ Kyle 1:30 Round Table Volleyball 2:00 Trending Issues w/ Jay 3:30 Blackjack (Castle Lanai) 3:30 Singing w/Lynn & Regie 6:00 Toyo Theater Night	<b>16)</b> 10:00 Pet Visit w/Betsy&Latte 10:30 Nikoniko Genki Taisho a Japanese Variety Show 11:00 Tai Chi & Healing Touch 1:30 Hilltop Serenaders 3:30 Word Games with Janine 3:30 Pet Visit by Yuki w/ Chris 6:30 Sharing Time with Mike	<b>17) St. Patrick's Day</b> 10:00 Kawaiulo Musical Entertainment 10:00 Range of Motion 11:00 St. Patrick's Day Talk 1:30 Discovering Ireland (dvd) 3:30 Pet Visit w/Denise & Elle 3:30 St. Patrick's Day Social 6:00 Bingo Night Fun	<b>18)</b> 10:00 Wakayagi Shiyu Kai 10:00 Bible Talk w/Bro. Nathan 11:00 Bend, Stretch & Rhythm 1:00 Talk Story w/ Joe 2:00 Jehovah Witness Visit 3:00 Pau Hana Cocktails 3:30 Karaoke Friday Social 6:00 Music For Inspiration	<b>19)</b> 10:00 New Hope Service 10:00 Sensory Stimulation 11:00 Mental Games w/ Kyle 1:30 Card Games w/ Nina 2:30 Skills Development Class 3:30 Relax to Classical Music 3:30 Bingo Club 6:30 Super Volleyball w/ David
<b>20) Palm Sunday</b> 10:00 Christian Service with Pastor Abel 10:00 Circuit Exercises 11:00 Songs We Love 2:30 Reminiscing w/ Kyle 3:00 Movie for Lent Season 3:30 Fancy Nails 6:00 Bingo Night	<b>21)</b> 10:00 Shannon & her Guitar 10:00 Gardening Club with Joy 11:00 Bodies In Motion 1:30 Taisho Koto Session 2:30 Let's Talk About It! 3:30 Ukulele w/ Gloria & Lynn 3:30 Pet Visit By Kaori 6:00 Bingo Night Fun	<b>22)</b> 10:00 Christian Service 10:00 Pet Visit with Toby 11:00 Geography Bee w/ Kyle 1:30 Circuit Exercises 2:00 Sharing Ideas w/ Jay 3:30 Blackjack (Castle Lanai) 3:30 Singing w/Lynn & Regie 6:00 Toyo Theater Night	<b>23)</b> 10:00 Pet Visit W/Betsy&Latte 10:00 Music Relaxation w/Nina 11:00 Scattogories 1:00 Concert on DVD 1:30 Hilltop Serenaders <b>3:30 Honoring our very own Mr. Makoto Murakami</b> 6:30 Sharing Time with Mike	<b>24)</b> 10:00 Moilili Hongwanji 10:00 Outdoor Volley w/Kyle 10:00 YouTube Fun with Angie 11:00 Garden Talk w/ Kayoko 1:30 Tables Games with Chin 3:00 Fruit Smoothies Social 3:30 Pet Visit w/Denise & Elle 6:00 Bingo Night Fun	<b>25) Prince Kuhio Day/Good Friday</b> 10-11:30 Prince Kuhio Day Social 10:00 Veteran's Club w/ Joe 10:00 Ukulele Sing-along w/Reg 1:00 Movies I Love w/ Joe 2:30 Honoring the March Birthday Celebrants 3:30 Karaoke Friday Social 6:00 Music For Inspiration	<b>26)</b> 10:00 Kamaka Tom & Friends 10:00 Music & Outdoor Fun 11:00 The Price Is Right! 1:00 Outing To Kahala Mall 1:00 Memoirs of a Geisha (film) 3:30 Sensory Fun at the Lanai 3:30 Bingo Club 6:30 Super Volleyball w/ David

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
27) <b>Easter Sunday</b> 10:00 Easter Family Day Event at the Courtyard 10a- 11:30 (Castle Living Rm) Music by Reginald & Gloria 1:00 Easter Movie (dvd) 1p Easter Bunny Visit (rooms) 3:30 Facials & Fancy Nails 6:00 Bingo Night	28) 10:00 Cathy and Clayton 10:00 Youtube with Jazmine 11:00 Reminiscing the 1970's.. 1:30 Bingo Club 2:30 Soft Net Volley 3:30 Ukulele w/ Gloria & Lynn 3:30 Pet Visit By Kaori 6:00 Bingo Night Fun	29) 10:00 Radio Taisoo w/ Lani 10:00 Pet Visit By Toby 11:00 Current Events w/ Kyle 1:30 Round Table Volleyball 2:00 Trending Issues w/ Jay 3:30 Blackjack (Castle Lanai) 3:30 Singing w/Lynn & Regie 6:00 Korean World Mission	30) 10:00 Pet Visit W/Betsy&Latte 10:30 Japanese Tea Ceremony w/ Fumie Sayama 11:00 Sunshine Stroll 1:30 Hilltop Serenaders 3:00 Malorie's Craft Class 3:30 Pet Visit by Yuki w/ Chris 6:30 Sharing Time W/ Mike	31) 10:00 Japanese Oishi Cooking with Kayoko 10:00 Garden Outdoor Fun 11:00 Upper Body Exercise Class with Kyle 1:30 Dominoes,Puzzles& More 3:30 Matcha Green Tea Social 6:00 Bingo Night Fun



### Prince Kuhio Day Social

(March 25, 10a-11:30a)

Join us for Fun, Music, Hotdogs & Hawaiian Chips (at the Courtyard)

### DAILY ACTIVITIES (Castle Living Room on 3rd Floor)

<b>8:30 am</b> TODAYS NEWS (Newspaper or news on TV)	<b>1:30pm</b> THE CLUB (Castle Living Rm)
<b>9:00 am</b> DAILY ANNOUNCEMENTS (menu, etc.)	<b>1:30pm</b> COMPUTER FUN (Library)
<b>9:15 am</b> GROUP EXERCISES	<b>3:00 pm</b> BEN'S OASIS
<b>10:00am</b> SCHEDULED ACTIVITIES (Refer to calendar)	<b>3:30pm</b> SCHEDULED ACTIVITIES (Refer to Calendar)
<b>11:00am</b> JUICE BAR	

\*\* 10 am 2nd Activity at the Castle Lanai

\*\* Library assistance provided by our Receptionist at 10-6:30 p.m.

### DAILY ACTIVITIES (on 2nd Floor)

<b>9:00 am</b>	<b>Today's News (at the Aloha Aina)</b>
<b>9:00 am</b>	<b>Juice/Hydration Bar (at the Aloha Aina)</b>
<b>10am</b>	<b>Sensory Stimulating Activities (Orchid Activity/Dining Rm)</b>
<b>10:00 am</b>	<b>Group Exercises (2nd Floor Lanai)</b>
<b>10:30-11:30</b>	<b>Stimulating Spontaneous Activities (Lanai)</b>
<b>1:30-3 pm</b>	<b>Afternoon Fun (Orchid Activity/Dining Room)</b>
<b>2:00 pm</b>	<b>Ben's Oasis (at the Aloha Aina)</b>
<b>6:00 pm</b>	<b>Movie Night (at the Aloha Aina)</b>

### Our NAMASTE CARE Program

(Honoring the Spirit Within)



Our Namaste Program blends nursing care and meaningful activities to provide peaceful and relaxing experiences using sensory-based methods such as gentle massages, range of motion, healing touch, music, and aromatherapy.

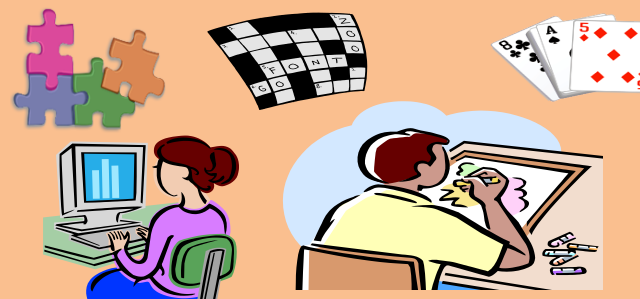
Namaste Room- Mon-Fri 10am-12pm; 1:30pm-4:00pm  
Salon Room, Saturdays 10am to 12pm; 1:30pm-4:00pm

### Scheduled Outing to Kahala Mall

March 26 (Saturday)  
(1:00pm to 3:00pm)

**\$25.72/person**  
**Space is limited**  
**Please call 695-2813**  
**to RSVP/email us at**

[Activities@maunalani.org](mailto:Activities@maunalani.org)



Activities are not limited to those listed in this Calendar. Individualized activities are available as well. If you need a guide for you to engage in other meaningful activities, please ask and/or contact any of our Resident Assistants or call the Activity Dept. at 695-2813.

### SALON SERVICES



Salon Services are available on Sundays  
Camille Ano (Hairdresser)  
Linda Flores (Manicurist)

\*\* If you are interested in scheduling an appointment, please ask your Charge Nurse or Unit Secretary for a Salon Request form.

\*\* You can also contact our Receptionist at 695-2860 or drop by the Receptionist Desk located at the 3rd floor by the Library.