

MAUNALANI NURSING AND REHABILITATION CENTER

Employee Anniversary Celebrants for March

Dan Banda, Household Dept., 40 years
Cynthia Ogasawara, Social Services, 28 years
Salene Anae, Dietary, 18 years
Rufinita Pilgrim, Nursing, 15 years
Remy Aspril, Nursing, 13 years
Gloria Saribay, Nursing, 13 years
Evelyn Argel, Nursing, 11 years
Myra Tupas, Nursing, 11 years
Rosamar Cablay, Nursing, 10 years
Leilani Rellesiva, Nursing, 10 years
Gregory Amancio, Dietary, 8 years
Laura Tamura, Business Office, 7 years
Joy Calma, Community Life, 3 years
Barbara Lawson, Social Services, 3 years
Nora Castillo, Nursing, 1 year



Prince Kuhio Day Family Social

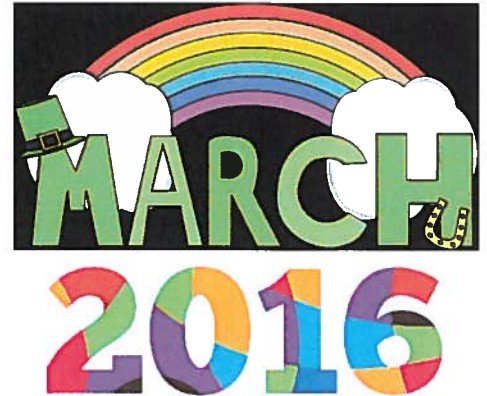
Join us for some FUN, SUN, and good company
as we celebrate

Prince Kuhio Day on Friday, March 25
10:00 a.m. to 11:30 a.m.

at our Courtyard by our Wellness Center
(located outside of the Castle Wing).

Refreshments will be served.

TO **RSVP**, please call 695-2813 or 695-2872!



EASTER CELEBRATION

Please join us for our
Easter Family Day Social
Sunday, March 27

10 am Easter Egg Hunt
& Other Games in the Courtyard
by our Wellness Center

11 am Visit by the Easter Bunny

Refreshments will be provided!



BRING THE KEIKI!
(please call us and let us know
their ages & gender).

Please **RSVP**
by calling **695-2872** or **695-2813**.

Get to know Rose Ann Poyzer



Here at Maunalani, we want to get to know all of our Residents better.

So on Friday, Feb. 19, we held a celebration in honor of
Rose Ann Poyzer.



Ms. Poyzer (with daughter Barbara Goodman back row with lei) together with friends, families, and former colleagues.



LEFT: Rose Ann was a nurse, and a pioneer in Long Term Care, Nursing Care, and Hospice Care in Hawaii.



RIGHT: Rose Ann donning leis on with her husband Dr. Marvin Poyzer and their daughter Barbara Lou.



The beautiful bride with her soul mate on their wedding day in August 16, 1949.

Life of Rose Ann Poyzer

Rose Ann Poyzer was born and raised in Janesville, Minnesota in 1924. This tiny town south of Minneapolis was home to Rose Ann, her parents (Lou & Mathilda Converse) and her youster sister Mary Lou.

Rose Ann graduated from Janesville High School in 1941 and aspired to be a nurse like her mother and 2 aunts. Her dream of becoming a nurse came true in 1945. In fact, she has a Nursing degree from the College of St. Catherine (St. Paul, Minnesota) and one from the Catholic University in America (in DC).

While working at the hospital in Grand Forks, ND, she met her future husband--Marvin Poyzer--and fell in love at first sight. They courted for 6 months before marrying on August 16, 1949. On September 22, 1956 they adopted a 7-week old baby girl and named her Barbara Lou.

Marvin was in the Navy during WWII, stationed in the Pacific. He spent some time in Honolulu during R & R. He fell in love with the islands and vowed to return. That dream came true in August 1960 when the family left the cold behind and moved to Honolulu so that Marvin (aka Dr. Poyzer) could run and teach the Industrial Arts Program at UH Manoa. Rose Ann took the position of Executive Director of the Hawaii Nurses Association--a position she held until 1964.

Both Marvin and Rose Ann shared a love of travel and adventure. In June 1964, the family moved to Karachi, Pakistan for 2 years so that Marvin could, in affiliation with UH, start an Industrial Arts program there. Rose Ann kept busy as the school nurse at the American School.

On August 16, 1974, Rose Ann and Marvin renewed their vows on their 25th Wedding Anniversary. By that time, Rose Ann had:

- a) founded Honolulu Home Care Services aka St. Francis Home Care
- b) co-founded St. Francis Hospice
- c) served as Coordinator for CARES (Cancer Rehabilitation Services) out of St. Francis.

Rose Ann was awarded her first of many awards in July 1978. It was a Certificate of Appreciation from the State of Hawaii for her work with the State Board of Nursing. 1990, Rose Ann was awarded NURSE OF THE YEAR from the Hawaii Nurses Association. In June of 1991, she won a National Award from the National League of Nursing---the Ross Laboratories Long Term Care Award--in Nashville, TN. In 2002, the Hawaii Association for Home Care merged with the Healthcare Association of Hawaii (HAH) and she became the Vice President of Homecare and Hospice.

Rose Ann retired in 2005. Friends and dignitaries including then Lt. Governor Duke Aiona, celebrated with her at a special retirement party in her honor. At the same party, a Healthcare Association of Hawaii (HAH) award was unveiled in her honor---the Rose Ann Poyzer Caregiver Award (an award still given annually). At the retirement celebration, Governor Linda Lingle also proclaimed it to be "**ROSE ANN POYZER DAY.**"

In 2007 (2 years after she retired) although no longer working for a paycheck--Rose Ann still sat on 2 boards!

She received her last professional award in 2008---a Certificate from the State of Hawaii recognizing her as a HOME HEALTH CARE PIONEER. It was a fitting acknowledgment to a career in Hawaii that spanned 48 years. Through it all, she: won 15 awards; had one award created in her honor; and sat on the board of 7 organizations including the American Lung Association, Hospice Hawaii, and the State Boards of Health and Nursing.

In 2014 Rose Ann moved into Maunalani and has called it home ever since.

INTRODUCING...

Maunalani's Social Work Interns



Aloha! My name is **Ka'iulani (Kai) Ka'alekahi**. I am a student in the Myron B. Thompson School of Social Work at the University of Hawaii at Manoa. My hopes are to specialize in Gerontology--specifically working with indigenous populations. I enjoy being around friends and family, going to the beach, taking pictures, engaging in outdoor activities, and watching the Food Channel. I really am enjoying my experience here at Maunalani--everyone has been so friendly! Also, I have been enjoying meeting our residents and listening to them share their life stories and experiences. You will usually see me walking the halls with a clipboard in my hand. If you see me in the halls please stop by and say, "Hello!"

Meet Maunalani's Social Work Interns: Ka'iulani "Kai" Ka'alekahi (left) and Irene Martin (right).

Kai will be with us until April 2016 and will be graduating this May with her BSW.

Irene will also be with us until April, and will return in the fall (Sep 2016) until next May 2017.

My name is **Irene Martin**. I am 28 years old and expecting my first child this April. I am a native of San Diego, California, but now consider Hawai'i my home. I enjoy being outdoors and exploring our beautiful islands with my husband and friends. I am currently working towards my Bachelors of Social (BSW), and will continue to achieve my master's at UH Manoa. My interest of working with our Kupuna community began with my involvement of seeking resources for my disabled parents, who are transitioning into late adulthood. I strongly believe that Hawai'i is in need of better funded programs for our seniors, and resources for their families. I plan to advocate for the senior community by becoming involved in our state government, ensuring that the concerns of the community are heard.



Turn your Loved One's old photos into a slideshow!

For a limited time, our Social Work Intern (Kai) is available to make a special slideshow gift for our mom/dad here at Maunalani.

For more information contact 695-2872 or 695-2810.



Maunalani Nursing and Rehabilitation Center hosted the First Quarter meeting of the Long Term Care Social Workers Group on Friday, February 12. Maunalani's Social Worker Charna Underwood (back center) is joined by our special guests enjoying our views of Diamond Head.

LAUNDRY TIPS



TIP #1

Please **LABEL** your loved one's clothing. Laundry markers are available to use (please see the unit secretaries). Labeling will help prevent clothes from being misplaced. For dignity reasons, please do not label the clothes on the outside (especially the front) of the clothing.

TIP #2

When you bring in any new clothes for your loved one, please work with our Resident Assistants to update the inventory list that is posted in the inside of the closet.

TIP #3

You may bring a mesh bag to be used for laundering your loved one's socks, underwears, lingerie. Please work with your loved one's caregiver to label the mesh bag.

TIP #4

Shrinkage of your loved one's clothing may occur due to the high heat of our Industrial-size dryer. You are welcome to bring home sensitive clothing (i.e. satin, silk) to launder. If this is your desire, please communicate with your loved one's caregiver. However, **we are still recommending that all clothes be labeled with your loved one's name regardless of whether you decide to do the laundry at home or here at Maunalani.**



ORAL CARE TIPS

TIP #1

Practice good oral hygiene. Flossing and brushing reduce dental plaque, which helps prevent periodontal disease.

TIP #2

Always use fluoride toothpaste. Also, when possible, drink fluoridated water.

TIP #3 (Most don't know this!)

Rinse with mouthwash **BEFORE** you brush your teeth!

TIP #4

Limit alcohol (risk factor for oral and throat cancers).

TIP #5

See a dentist on a regular basis.



Nora Harmsen, DDS
Maunalani's Dentist

**** With the use of portable dental equipment, Dr. Harmsen is able to offer dental cleanings, fillings, as well as repair and maintenance of dentures and partials.**

To schedule an appointment, please contact:
Chona (695-2820)
Brenda (695-2830)

Checks Only
(no cash)

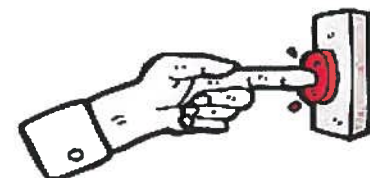


Drop boxes for the Business office are located in the 3rd floor library and the 2nd Floor (right outside the Nurse's station). To confirm that your payment was received, please ask for Mia at 695-2800.

Visit us at

www.maunalaninursing.org

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on our Facebook page



Please Ring the Doorbell

For security measures:
2nd floor & 3rd floor staircase entrances are locked 24 hours.