



JANUARY 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
DAILY ACTIVITIES (Castle Living Room on 3rd Floor)					1) New Year's Day	2)
<p>8:30 am TODAYS NEWS (Newspaper or news on TV)</p> <p>9:00 am DAILY ANNOUNCEMENTS (menu, etc.)</p> <p>9:15 am GROUP EXERCISES</p> <p>10:00am SCHEDULED ACTIVITY (Refer to calendar)</p> <p>10:00am Alternate activities at the Library, Castle Lanai</p> <p>11:00 am JUICE BAR</p>					<p>10:00 Violin Friends</p> <p>10:00 Bible Talk w/Bro. Nathan</p> <p>11:00 Songs We Remember</p> <p>1:00 Card Games w/ Joe</p> <p>2:00 Jehovah Witness Visit</p> <p>3:00 New Year's Day Socials</p> <p>3:30 Karaoke Friday Social</p> <p>6:00 Music For Inspiration</p>	<p>10:00 Gaylord Rieta & Friends</p> <p>10:00 Fun Facials & Grooming</p> <p>11:00 Stretcher-cise w/ Gloria</p> <p>1:30 Woodshop Session w/ Sue</p> <p>2:30 Hawaiian Language Class</p> <p>3:30 Kickball & Toss</p> <p>3:30 Bingo Club</p> <p>6:30 Volleyball with David N.</p>
<p>(Alternate: Ask an Activity Team Member)</p> <p>(refer to calendar for specific Evening program)</p>						
3)	4)	5)	6)	7)	8)	9)
<p>10:00 Christian Service with Pastor David Madrid</p> <p>11:00 Dancing w/ Regie</p> <p>1:30 Library Reading Club</p> <p>2:30 Circuit Exercises</p> <p>3:30 Fancy Nails @ a Movie " Hero"</p> <p>6:00 Bingo Night</p>	<p>10:00 Dhan Yoga with Cat</p> <p>10:00 Winter Gardening w/ Joy</p> <p>11:00 Japanese Sing-along</p> <p>1:30 Let's Talk About It!</p> <p>2:30 Beach Ball Toss</p> <p>3:30 Singing w/ Gloria & Lynn</p> <p>3:30 Pet Visit By Kaori</p> <p>6:00 Bingo Night Fun</p>	<p>10:00 Songs Of Life</p> <p>10:00 Pet Visit By Toby</p> <p>11:00 Tai Chi Workout w/ Gloria</p> <p>1:30 Crossword Puzzles</p> <p>2:00 Talk Story w/ Jay</p> <p>3:30 Black Jack Fun at Lanai</p> <p>3:30 Ukulele w/Lynn & Regie</p> <p>6:00 Korean Drama Special</p>	<p>10:00 Door Of Faith</p> <p>10:00 Pet Visit W/Betsy&Latte</p> <p>11:00 Trivia Challenge with Reginald</p> <p>1:30 Hilltop Serenaders</p> <p>3:30 Afternoon Talk & Stroll</p> <p>3:30 Warm-up Exercises</p> <p>6:30 Sharing Time W/ Mike</p>	<p>10:00 Painting Class with Cecilia</p> <p>10:00 New Year's Word List</p> <p>11:00 Strenthening Moves</p> <p>1:30 DVD: Endangered Species</p> <p>3:30 Fun Facts w/ Regie</p> <p>3:30Garden Talk & Stroll w/ Joy</p> <p>6:00 Bingo Night Fun </p>	<p>10:00 Ernie & Friends</p> <p>10:00 Bible Talk w/Bro. Nathan</p> <p>10a Resident Council Meeting</p> <p>11:00 Did You Know?</p> <p>1:00 Movies I Love w/ Joe</p> <p>3:30 Cocktails,Chips, Sunshine</p> <p>3:30 Karaoke Friday Social</p> <p>6:00 Music For Inspiration</p>	<p>10:00 Winter Volleyball Game</p> <p>10:00 Garden Talk & Stroll</p> <p>11:00 Chair Yoga w/ Gloria</p> <p>1:30 Fun With Colors</p> <p>2:30 Japanland w/ Kyle</p> <p>3:30 Outdoor Fun Talk & Walk</p> <p>3:30 Bingo Club</p> <p>6:30 Volleyball with David N.</p>
10)	11)	12)	13)	14)	15)	16)
<p>10:00 Pastor Abel Outreach Christian Mission</p> <p>10:00 Songs I Remember</p> <p>11:00 News Reading Aloud</p> <p>2:30 Hot/Cold Thai Coffee Bar</p> <p>3:30 Fancy Nails @ a Movie " Ping Pong C"</p> <p>6:00 Bingo Night</p>	<p>10:00 Wakayagi Shiyu Kai</p> <p>10:00 Table Volley at Lanai</p> <p>11:00 Bend, Stretch & Rhythm</p> <p>1:30 Animal Fun Facts</p> <p>2:30 Beach Ball Toss</p> <p>3:30 Singing w/ Gloria & Lynn</p> <p>3:30 Pet Visit By Kaori</p> <p>6:00 Bingo Night Fun</p>	<p>10:00 Praise and Worship w/ Honolulu Bible Church</p> <p>11:00 My Horoscope Today!</p> <p>1:30 Black Jack Fun</p> <p>2:00 Trending Issues w/ Jay</p> <p>3:30 Round Table Volley</p> <p>3:30 Ukulele w/Lynn & Regie</p> <p>6:00 Toyo Theater Night</p>	<p>10:00 Japanese Culture Club</p> <p>10:00 Pet Visit W/Betsy&Latte</p> <p>11:00 Let's Get Physical with Reginald</p> <p>1:30 Hilltop Serenaders</p> <p>3:30 Fruit Relay Race</p> <p>3:30 Round Table Volley</p> <p>6:30 Sharing Time W/ Mike</p>	<p>10:00 New Year Cooking w/Sue</p> <p>10:00 Fun In The Sun</p> <p>11:00 The Price Is Right!</p> <p>1:30 Skills Development</p> <p>2:30 Warm Up Exercises</p> <p>3:30 Island Singing with Regie</p> <p>3:30 Views & Juice Break </p> <p>6:00 Bingo Night Fun </p>	<p>10:00 Gardening w/ Joy</p> <p>10:00 Bible Talk w/Bro. Nathan</p> <p>11:00 Let's Dance To The Beat</p> <p>1:00 Card Games w/ Joe</p> <p>2:00 Jehovah Witness Visit</p> <p>3:30 Sun & Views Relaxation</p> <p>3:30 Karaoke Friday Social</p> <p>6:00 Music For Inspiration</p>	<p>10:00 New Hope Service</p> <p>10:00 Sensory Stimulations</p> <p>11:00 Songs I Love To Sing</p> <p>1:30 Library Reading Club</p> <p>2:30 Skills Development</p> <p>3:30 Round Table Volley</p> <p>3:30 Bingo Club</p> <p>6:30 Volleyball with David N.</p>
17)	18) Dr. M. L.King Jr. Birthday	19)	20)	21)	22)	23)
<p>10:00 Christian Service with Pastor David Madrid</p> <p>10:00 Garden Outdoor Fun</p> <p>11:00 Sing-along w/Regie</p> <p>2:30 Hanafuda Angels</p> <p>3:30 Fancy Nails @ a Movie "Enter The Dragon"</p> <p>6:00 Bingo Night</p>	<p>10:00 Kathy and Clayton</p> <p>10:00 Ball Games at Lanai</p> <p>11:00 Bend, Stretch, & Rhythm</p> <p>1:30 Let's Talk About It!</p> <p>2:30 Martin L. King Jr. Trivia</p> <p>3:30 Singing w/ Gloria & Lynn</p> <p>3:30 Pet Visit By Kaori</p> <p>6:00 Bingo Night Fun</p>	<p>10:00 Winter Cooking w/ Joy</p> <p>10:00 Pet Visit By Toby</p> <p>11:00 Today's Headline</p> <p>1:30 Beads Crafts</p> <p>2:00 Sharing Ideas w/ Jay</p> <p>3:30 Black Jack Fun at Lanai</p> <p>3:30 Ukulele w/Lynn & Regie</p> <p>6:00 Toyo Theater Night</p>	<p>10:00 Pet Visit W/Betsy&Latte</p> <p>10:00 Winter Sponge Painting</p> <p>11:00 Word Games With Regie</p> <p>1:30 Hilltop Serenaders</p> <p>3:00 Talk Story & Coffee Time</p> <p>3:30 Pet Visit by Yuki w/ Chris</p> <p>3:30 Piano Sing-along w/ Regie</p> <p>6:30 Sharing Time W/ Mike</p>	<p>10:00 Karaoke Sing-along</p> <p>10:00 Making Jello Treats</p> <p>11:00 Move To The Beat</p> <p>1:30 DVD: Endangered Species</p> <p>2:30 Jello Breaktime</p> <p>3:30 Tic-Tac-Toe at Lanai</p> <p>3:30 Hula Dancing w/ Regie</p> <p>6:00 Hoopo Maikai</p>	<p>10:00 Winter Spelling Bee</p> <p>10a Resident Council Meeting</p> <p>11:00 Fun With Math</p> <p>1:00 Movies I Love w/ Joe</p> <p>2:00 Jehovah Witness Visit</p> <p>3:30 Fun With Colors</p> <p>3:30 Karaoke Firday Socials</p> <p>6:00 Music For Inspiration</p>	<p>10:00 Royal Hawaiian Band</p> <p>10:00 1-1 Bedside Visits</p> <p>11:00 Workout Fun</p> <p>1:30 Sorting & Organizing</p> <p>2:30 Relax To Classical Music</p> <p>3:30 My " Busy Hands"</p> <p>3:30 Bingo Club</p> <p>6:30 Volleyball with David N.</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
24) 10:00 Halia Rendition 10:00 Gardening Club 11:00 Stretcher-cise 1:30 Po-Ke-No Time 2:30 Stretch & Rhythm 3:30 Miyagi and Friends 3:30 Facials & Fancy Nails 6:00 Bingo Night	25) 9:00 East Oahu Sightseeing 10:00 Leahy Serenaders 11:00 Patriotic Sing-Along 1:30 Animal Fun Facts 2:30 Soft Net Volley 3:30 Singing w/ Gloria & Lynn 3:30 Pet Visit By Kaori 6:00 Bingo Night Fun	26) 10:00 Hui Malama 10:00 Sensory Fun at the Lanai 11:00 Reminiscing the 1980's... 1:30 Word Search Contest 2:00 Reminiscing w/ Jay 3:30 Round Table Volley 3:30 Ukulele w/Lynn & Regie 6:00 Korean Drama Special	27) 10:00 Japanese Culture Club 10:00 Pet Visit W/Betsy&Latte 11:00 Trivia Pursuits 1:30 Hilltop Serenaders 3:30 Kickball and Toss 3:30 Elvis Music Sing-along 6:30 Sharing Time W/ Mike	28) 10:00 Moiliili Hongwanji 10:00 Garden Outdoor Fun 11:00 Songs I Love To Sing 1:30 Sharing Travel Adventures 2:30 Words For The Soul 3:30 Paper Folding Arts w/ Sue 3:30 Hula Dancing w/ Regie 6:00 Bingo Night Fun 	29) 10:00 First Chinese Ukulele Grp. 10:00 Group Sensory Fun 11:00 Staying Fit w/ Gloria 1:30 Creative Building Games 2:00 Jehovah Witness Visit 3:30 Jigsaw Puzzle Mania 3:30 Karaoke Firday Socials 6:00 Music For Inspiration	30) 10:00 Iolani Story Tellers 10:00 Just A Bit Of Sunshine 11:00 Japanese Sing-along 1:30 DVD: Japanland 2:30 Painting To Music 3:30 Kickball & Toss 3:30 Bingo Club 6:30 Volleyball with David N.

31) 10:00 Christian Service with Pastor David Madrid 10:00 Fun Talk & Walk 11:00 Word Building Games 2:30 King's Chapel Outreach 3:30 Fancy Nails @ a Movie "Return Of The Dragon" 6:00 Bingo Night

DAILY ACTIVITIES (on 2nd Floor)

9:00 am Today's News (at the Aloha Aina)

9:00 am Juice/Hydration Bar (at the Aloha Aina)

10am & 1:30pm Sensory Stimulating Activities at the Orchid Room

10:00 am Group Exercises (2nd Floor Lanai)

10:30-11:30 Stimulating Spontaneous Activities (Lanai)

2:00 pm Ben's Oasis (at the Aloha Aina)

6:00 pm Movie Night (at the Aloha Aina)



Activities are not limited to those listed in the Calendar . Individualized activities are available too .

If you need a guide for you to engage in other meaningful activities, please ask and/or contact any of our Resident Assistants.



Resident Council Meetings
* All Are Invited*
Every 2nd and 4th Fridays of the Month
Call 695-2810 for more information

Scheduled Sightseeing

Jan. 25, 2016
9:00am to 11:00am
to
East Oahu
(Hanauma Bay,
Blow Hole, Sandy
Beach & Waimanalu)
\$25.72/person
Space is limited
Please RSVP early!

**Ben's Oasis
(Daily Hydration Program)**

Mondays: Ice Cream
Tuesdays: Hot Coffee
Wednesdays: Cran-apple
Thursdays: Smoothies
Fridays: "Cocktails"
Saturdays: Fruit Punch
with Popcorn and Chips
Sundays: Hot & Cold Tea
and Biscuits

SALON SERVICES

Salon Services are available on Sundays
by Camille Ano (Hairdresser)
and
Linda Flores (Manicurist)

If you are interested in having
a service done, please contact your
Resident Assistant or Unit Coordinator for the
Salon Service Request Form.

You can also contact Chona (Hospitality)
at the Front Desk.

