



# JULY 2015



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>DAILY ACTIVITIES (on 2nd Floor)</b>			1)	2)	3)	4) <b>Independence Day</b>
9:00 am Today's News (at the Aloha Aina) 9:00 am Juice/Hydration Bar (at the Aloha Aina) 10am & 1:30pm Namaste (at the Orchid Room) 10:00 am Group Exercises (2nd Floor Lanai) 10:30-11:30 Stimulating Spontaneous Activities (Lanai) 2:00 pm Ben's Oasis (at the Aloha Aina) 6:00 pm Movie Night (at the Aloha Aina)			9:30 Door Of Faith 10:00 Pet Visit w/Betsy&Latte 11:00 Sitter-cise w/ Susie 1:30 Singing w/ Sam & Kaz 3:30 Dance to the Beat w/ Reg 6:00 Local News 6:30 Sharing Time with Mike	10:00 Niko-Niko Genki Tiso (Variety Show) 10:00 Star of the Sea Church 11:00 Piano Sing-along with Reginald 1:30 Hula Dance Class 3:30 Dance To The Beat 6:00 BINGO Bonanza!	10:00 Project DANA Japanese Variety Show 10:00 Gardening w/ Susie 1pm Mahjong Class w/ Joe 2:00 Jehovah Witness Visit 3:30 Pau Hana Karaoke 6:00 Music For Inspiration (Christian Singers)	10:00 Gaylord & Friends (Special Entertainment) 10:00 Cooking S'mores! 11:00 Hula Hands w/ Gloria 1:30 Soft Net Volley w/ Nina 3:30 Bingo Club 6:00 Movie You Will Love: "Playing For Keeps"
5)	6)	7)	8)	9)	10)	11)
10:00 Mr. Paul Yokota and His Music 10:00 Beach Ball Volley 11:00 Hawaiian Sing-along 1:30 Sorting & Organizing 3:30 Fancy Nails & a Movie 6:00 Today's News 6:30 Volleyball w/David N.	10:00 Lomi-lomi and Lau-Lau Cooking Demo with Susie 10:00 Strength Exercises 11:00 Tai Chi with Gloria 1:30 Working With Colors 3:30 Circuit Exercises 4:00 Pet Visit w/Kaori 6:00 BINGO Night	10:00 Kathy and Clayton 10:00 Pet Visit by Toby 11:00 Fitness Fun w/ Reggie 1:30 BINGO Club 3:30 Ukulele Sing-Along with Lynn & Reginald 6:00 Toyo Theater Night (Japanese movie night)	10:00 Japanese Culture Club 10:00 Pet Visit w/Betsy&Latte 11:00 Word Games w/ Regie 1:30 Singing w/ Sam & Kaz 3:30 Bend & Stretch w/Regie 6:00 Local News 6:30 Sharing Time with Mike	10:00 Happy Ohana A Musical Entertainment 10:00 Star of the Sea Church 11:00 Let's Learn Some Hawaiian Words w/Reginald 1:30 Filipino Dance Class 3:30 Kiana Luna and Friends 6:00 BINGO Bonanza!	10:00 Ernie & Friends a Musical Entertainment 10:00 Resident Council Meeting 11:00 Current Events w/ Regie 1pm Mahjong Class w/ Joe 2:00 Jehovah Witness Visit 3:30 Pau Hana Karaoke 6:00 Music For Inspiration	10:00 Discovering Hawaii with Kyle 11:00 Workout Fun with Gloria 1:30 Club Fun: Table Games 3:00 Smoothie Bar (Lanai) 3:30 Bingo Club 6:00 Movie You Will Love: "Ice Castles" Colleen Dewhurst
12)	13)	14)	15)	16)	17)	18)
10:00 Mr. Paul Yokota and His Music 10:00 Outdoor Fun w/ Joy 11:00 Moving to the Beat 1:30 Playing CHESS w/ Kyle 3:30 Fancy Nails & a Movie 6:00 Today's News 6:30 Volleyball w/David N.	10:00 Pau Hana Glee Club 10:00 Resident Council Mtg 11:00 Healing Touch w/Glor 1:30 Hanafuda Class w/ Sue 3:30 Circuit Exercises 4:00 Pet Visit w/Kaori 6:00 BINGO Night	10:00 Hawaiian Cooking w/Joy 10:00 Classical Music Club 11:00 Music Relaxation 1:30 BINGO Club 3:30 Ukulele Sing-Along with Lynn & Reginald 6:00 Toyo Theater Night (Japanese movie night)	10:00 Haupia Treats By Myra 10:00 Pet Visit w/Betsy&Latte 11:00 Remembering 1970's 1:30 Singing w/ Sam & Kaz 3:30 Move to the Music w/Reg 6:00 Local News 6:30 Sharing Time with Mike	10:00 Fun Time with Christian Academy 10:00 Star of the Sea Church Visit by Bro. Edmund 11:00 Word Hunt with Regie 1:30 Spanish Dance Class 3:30 Indoor Volleyball 6:00 BINGO Bonanza!	10:00 Polynesian Cultural Presentation 11:00 Hands In Motion w/ Reg 1pm Movie I Love with Joe 2:00 Jehovah Witness Visit 3:30 Pau Hana Karaoke 6:00 Music For Inspiration (Christian Singers)	10:00 New Hope Service 10:00 Reminiscing w/ Kyle 11:00 Word Games w/ Kyle 1:30 Fun With Puzzles 3:00 Path Finder Club Presents 6:00 Movie You Will Love: "Joyful Noise" Dolly Parton
19)	20)	21)	22)	23)	24)	25)
10:00 Tourist Spots Hawaii with Kyle and Nina 10:00 Outdoor Fun w/ Joy 11:00 Dancing W/ Regie 1:30 Hanafuda Club w/Susie 3:30 Fancy Nails & a Movie 6:00 Today's News 6:30 Volleyball w/David N.	10:00 Dhan Yoga w/ Kat 10:00 Gardening Club 11:00 Hawaii Trivia 1:30 Hawaiian Stamping Table Runner Activity w /Nina 3:30 Korean Dancing w/ Glo 4:00 Pet Visit w/Kaori 6:00 BINGO Night	10:00 Talking "Pidgin" w/ Kyle 10:00 Pet Visit by Toby 11:00 Mind Puzzlers w/ Regie 1:30 BINGO Club 3:30 Ukulele Sing-Along with Lynn & Reginald 6:00 Toyo Theater Night (Japanese movie night)	10:00 Japanese Culture Club 10:00 Pet Visit w/Betsy&Latte 11:00 News Today w/ Regie 1:30 Singing w/ Sam & Kaz 3:30 Bodies in Motion w/Reg 6:00 Local News 6:30 Sharing Time with Mike	10:00 Moilili Hongwanji (Buddhist Service) 10:00 Star of the Sea Church Visit (Catholic Church) 11:00 Piano Singing w/ Regie 1:30 Let's "Twist & Roll" 3:30 Walk Down Memory Lane 6:00 BINGO Bonanza!	10:00 Resident Council Mtg 10:00 Music I Love with Joe 10:00 Bible Talk w/Bro. Nathan 11:00 How Much? w/Regie 1pm Movie I Love with Joe 2:00 Jehovah Witness Visit 3:30 Pau Hana Karaoke 6:00 Music For Inspiration	10:00 Kamaka & Friends a Musical Entertainment 10:30 Waiialae Lunch Picnic 1:30 Club Fun: Table Games 3:00 Smoothie Bar at the Lanai 3:30 Bingo Club 6:00 Movie You Will Love: "The Sapphires"

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Ben's Oasis (Daily Hydration Program)
26) <b>10:00 Best Friends Forever</b> (Entertainment) 10:00 Outdoor Fun w/ Joy 11:00 Dancing W/ Regie 1:30 Card Games w/ Kyle 3:30 Fancy Nails & a Movie 6:00 Today's News <b>6:30 Volleyball w/David N.</b>	27) <b>10:00 Violin Friends</b> 10:00 Table Games (lanai) 11:00 Songs I Love w/ Gloria 1:30 Creative Art Class 3:30 Circuit Exercises <b>4:00 Pet Visit w/Kaori</b> 6:00 HI Korean World Mission	28) <b>9:00 ChinaTown &amp; Downtown</b> Sightseeing 10:00 Indoor Volleyball 1:30 BINGO Club <b>3:30 Ukulele Sing-Along with</b> Lynn & Reginald <b>6:00 Toyo Theater Night</b> (Japanese movie night)	29) <b>10:00 Tomas Ohana Hula</b> Presentation 10:00 Kickball & Toss (lanai) 11:00 Today's Headline <b>1:30 Singing w/ Sam &amp; Kaz</b> 3:30 Afternoon Fitness Fun <b>4:00 Pet Visit w/Kaori</b> <b>6:30 Sharing Time with Mike</b>	30) <b>10:00 Cooking with our</b> "Hawaiian Steak--SPAMI" 10:00 Table Games (lanai) 11:00 Patriotic Sing-along <b>1:30 Tongan Dance Class</b> 3:30 Name That Tune! <b>5:00 Family Night Dinner</b> Dean Guzman Rendition	31) 10:00 Flower Lei Making Class 10:00 Sensory Fun (lanai) <b>10:00 Music I Love with Joe</b> 11:00 Stretcher-Cise w/ Gloria <b>1pm Movie I Love with Joe</b> 3:30 Karaoke Friday <b>6:00 Music For Inspiration</b> (Christian Singers)	<b>Mondays:</b> Ice Cream <b>Tuesdays:</b> Hot Coffee <b>Wednesdays:</b> Cran-apple <b>Thursdays:</b> Smoothies <b>Fridays:</b> "Cocktails" <b>Saturdays:</b> Dragonfruit <b>Sundays:</b> Tea & Cookies





**LUNCH PICNIC  
AT  
WAIALAE BEACH PARK**  
July 25, 2015  
**10:30am to 12:30pm**  
\$25.72/person  
Checks payable to:  
**Roberts Hawaii**  
(need to pre-pay)

**DAILY ACTIVITIES (Castle Living Room on 3rd Floor)**

**8:30 am** TODAYS NEWS (Newspaper or news on TV)  
**9:00 am** DAILY ANNOUNCEMENTS (menu, etc.)  
**9:15 am** GROUP EXERCISES  
**10:00am** SCHEDULED ACTIVITY (Refer to calendar)  
**10:00am** Alternate activities at the Library, Castle Lanai  
**11:00 am** JUICE BAR

**1:30pm** THE CLUB  
**1:30pm** COMPUTER FUN (Library)  
**3:00 pm** BEN'S OASIS  
**3:30pm** SCHEDULED ACTIVITY  
(Refer to Calendar)  
(Alternate: Ask an Activity Team Member)  
**6:00 pm** EVENING PROGRAM  
(refer to calendar for specific Evening program)

**Our NAMASTE CARE Program**  
(Honoring the Spirit Within)



Our Namaste Program blends nursing care and meaningful activities to provide peaceful and relaxing experiences using sensory-based methods such as gentle massages, range of motion, soothing music and aromatherapy.  
(Daily at the 2nd floor Orchid Room; 10am-11:30 am; 1:30 -3:30 pm)

**SIGHTSEEING TRIP**

July 28, 2015 (Tuesday)  
Riding around China Town, Aloha Tower Magic Island & Waikiki  
9:00 am - 11:00 am  
\$25.72/person  
**Checks Only:**  
**Roberts Hawaii**  
**School Bus**  
**Deadline: July 10**

Activities are not limited to those listed in this Calendar. Individualized activities are available too. If you need a guide for you to engage in other meaningful activities, please ask and/or contact any of our Resident Assistants, or call the Activity Dept. at 695-2813.



Salon Services are available on Sundays by Camille Ano (Hairdresser) and Linda Flores (Manicurist). If you are interested in having a service done, please contact your Resident Assistant or Unit Coordinator for the Salon Service Request Form. You may also contact Chona at the Front Desk or call 732-0771.